

## This is to certify that

Mae hyn i dystio bod

## Ysgol Ardudwy

is a member of the School Health Research Network

yn aelod o'r Rhwydwaith Ymchwil lechyd Ysgolion

The School Health Research Network connects secondary schools in Wales and aims to improve the health and wellbeing of young people by increasing the quality, quantity and relevance of school-based health improvement research.

Mae'r Rhwydwaith Ymchwil lechyd mewn Ysgolion yn cysylltu ysgolion uwchradd yng Nghymru gyda'r nod o wella iechyd a lles pobl ifanc trwy gynyddu ansawdd, swm a pherthnasedd ymchwil gwella iechyd mewn ysgolion.

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