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| |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | | Welcome to our SHRN newsletter for June 2020!  We would like to send our best wishes to you all and hope that all is well at this challenging time.   We are very much aware that there are many competing calls on your time, so we are very keen not to add any additional stress. However, we felt that by saving up Network news to put in one short newsletter, it could be helpful for those of you who have the capacity to access it.   If life is just too busy, all information will be made available on our website for you to catch up at another time. | |  |  |  | | --- | --- | | |  | | --- | | **Table of contents:**  - Student Health and Wellbeing Reports  - School Intranet pages and website development  - A new Research Brief: Mental Wellbeing and Transition to Secondary School  - Virtual Network Meetings: An opportunity to share practice and meet with other wellbeing leads | | |
| |  |  | | --- | --- | | |  | | --- | | **2019/20 Student Health and Wellbeing Reports**  We were proud to be able to send these out as planned in early April despite Covid-19 lockdown. If for any reason you did not receive yours, please email [shrn@cardiff.ac.uk](mailto:shrn@cardiff.ac.uk)  This year we have fed back additional mental health data and guidance on interpreting and acting on this is included in the supportive documentation.  **2019/20 Local Authority Reports**  We have just sent the Local Authority reports to the Directors of Education and the healthy school lead in your authority. If you feel that it would be useful for you to have a copy of your local report to consider alongside your school data please contact [shrn@cardiff.ac.uk](mailto:shrn@cardiff.ac.uk)  **2018 WHO International Health Behaviour of School-aged Children (HBSC) International Report**  The World Health Organization HBSC survey is conducted every 4 years in 45 countries. In Wales this is now embedded into every other round of the SHRN survey.  This means that if you did the survey in your school in 2018 and there is a Local Authority Report for your area, your students will be able to compare the data across 4 different levels:  ***School – Local Authority – Wales - International***  It would be interesting to see how data at these different levels might support new curriculum planning?   This is an example international chart: | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | | For key findings: <http://www.euro.who.int/en/hbsc-spotlight-vol1> For key data charts : <http://www.euro.who.int/en/hbsc-spotlight-vol2> | |  |  |  | | --- | --- | | |  | | --- | | **School Intranet pages and website development**  We set up password protected intranet pages for each school a few years ago where we have stored each of your Student Health and Wellbeing Reports. We have now uploaded the 2019/20 reports with the up-to-date interpretation documents to join the previous reports that your schools have received for ease of comparison. These can be accessed here: <http://www.shrn.org.uk/wp-login.php>  ***If you have lost your login details for your Intranet page, please contact us at***[**SHRN@cardiff.ac.uk**](mailto:SHRN@cardiff.ac.uk) | |  |  |  | | --- | --- | | |  | | --- | | **New this year!**  We have created a new area of the website to include resources on specific wellbeing areas designed to link with each report heading. These resources include all relevant webinars, research briefs, research papers, and the external agencies listed in the reports.  The links to the pages are found below:  **Risk Behaviours (Smoking, gambling, drugs and alcohol)** - <http://www.shrn.org.uk/risk-behaviours/>  **Sex and Relationships** - <http://www.shrn.org.uk/sex-and-relationships/>  **Mental Health and Emotional Wellbeing** - <http://www.shrn.org.uk/mental-health-and-emotional-wellbeing/>  **Food, Fitness and Physical Activity** - <http://www.shrn.org.uk/food-fitness-and-physical-activity/>  **School Wellbeing Policies and their Impacts** - <http://www.shrn.org.uk/school-wellbeing-policy-and-its-effects/> | |  |  |  | | --- | --- | | |  | | --- | | **A new Research Brief:  Mental Wellbeing and Transition to Secondary School**    ***‘Students who transition to a more affluent secondary school than their primary school are likely to report worse wellbeing.’***  Dr Graham Moore  Read about the findings from a newly published study based on 2017/18 SHRN data by Dr Graham Moore (pictured above):  <http://www.shrn.org.uk/wp-content/uploads/2020/05/Transition-2020_Eng.pdf>  He has also written a blog for the British Educational Research Association (BERA) which you might find interesting:  <https://www.bera.ac.uk/blog/school-transition-socioeconomic-inequalities-in-wellbeing-and-the-covid-19-pandemic> | |  |  |  | | --- | --- | | |  | | --- | | **Virtual Network Meetings**  We are so sorry not to be able to run our Summer Network Events this year. We so enjoy meeting up with you all and we know that you all appreciate catching up with other health and wellbeing leads and sharing practice of using the SHRN data in school.   It certainly won’t have all the same benefits, but we did feel from talking to those teachers who have been in touch, that it would be good to offer a short virtual meeting.  We thought if we kept this to an hourly session run three times, on different days of the week and at different times of the day, that more of you might have the chance to join us.  Each session will offer the same programme and give you the opportunity to:   * Hear a presentation by Rhydian Jones, the Health and Wellbeing lead from Ysgol Aberconwy who has had a one day a week secondment with the SHRN team this year. * Virtually talk to a few other teachers about how the data is being used, or is planned to be used in your school, using the Zoom break-out feature * Hear from Joan about Network news and thoughts on how SHRN can further support your health and wellbeing work. * Provide the opportunity to shape what else SHRN does to support you over the next few months.   It would be lovely to ‘see you’!  **Please register for your choice of event below:**  **Thursday June 18th at 10.30am** – [Register here](https://www.eventbrite.co.uk/e/shrn-web-meeting-1-tickets-106920738808)    **Wednesday June 24th at 2pm** – [Register here](https://www.eventbrite.co.uk/e/shrn-web-meeting-2-tickets-106926337554)   **Tuesday 30th June at 3.30pm**– [Register here](https://www.eventbrite.co.uk/e/shrn-web-meeting-3-tickets-106926668544)  \*presentations and learning from the events will be made available to all, including those who are unable to attend. | | |