## Y RHWYDWAITH YMCHWIL IECHYD MEWN YSGOLION SCHOOL HEALTH

RESEARCH NETWORK

### **Ipsos MORI**

# SCHOOL HEALTH RESEARCH NETWORK SCHOOL ENVIRONMENT QUESTIONNAIRE 2022

This pdf is provided to support you in gathering data within your school and <u>must not</u> be used to return your answers. Please use the online version to submit your questionnaire.

1) G	ENERAL QUESTIONS ABOUT YOUR SCHOOL
Q1	In the 2019/20 and 2020/21 school years, in which of the following areas did the Senior Management / Leadership team focus their efforts to make improvements?  SELECT UP TO <u>FOUR PRIORITY AREAS ONLY</u>
	Staff health and wellbeing
	Staff relationships with students
	Student physical health (e.g. smoking, obesity)
	Student mental and emotional health
	Student educational attainment
	Estyn report and categorisation
	The physical condition of the school buildings and grounds
	The provision of extra-curricular activities
	Your school's relationships with parents
	Your school's relationships with the local community
	☐ Don't know
	Not applicable
Q2	Does your school have a <b>single</b> strategic lead for student health and wellbeing?
	SELECT ONE OPTION ONLY
	Yes (GO TO Q2a)
	☐ No (GO TO Q3)
	Don't know (GO TO O3)

Q2a	Q2a What is the professional role of the student health and wellbeing lead?  SELECT ALL THAT APPLY							
		Headteacher / Acting headteacher						
		Deputy headteach	er					
		Assistant headtea	cher					
		Head of phase						
		Head of year						
		Head of departme	nt					
		Subject teacher						
		School nurse						
		Other (SPECIFY BE	LOW)					
		A						
		Don't know						
Q3		es your school have ECT ONE BOX ON EA	a single lead or multiple CH ROW	leads for the	following?			
			Single lead responsible for this and other areas of health and wellbeing	Single lead responsible only for this	Multiple leads	Don't know		
Pasto	oral ca	are / safeguarding activities						
Wh	Whole-school environment							
	Teaching and learning							
Rel	ations	hips and sexuality education (RSE)						

Q3a	the p	ou have either a single lead or multiple leads for school health and wellbeing, what is professional role of the person or persons who lead?  ECT ALL THAT APPLY						
		Headteacher / Acting headtea	cher					
		Deputy headteacher						
		Assistant headteacher						
		Head of phase						
		Head of year						
		Head of department						
		Subject teacher						
		School nurse						
		Other (SPECIFY BELOW)						
		Z						
		Don't know						
Q4	of H	our school a member of its loca Healthy School Schemes (WNHS! ECT ONE OPTION ONLY		thy school scheme as part of the Welsh Networ	k			
		Yes (GO TO Qs 5-7)		Don't know (GO TO Q8)				
		No (GO TO Q8)		Not applicable (GO TO Q8)				

Q5	and	ch of the fo 2020/21 sc CT ALL THA	hool years?	-	l Scheme	activities have ta	ken place in the 2019/20
		School ha	s received	advice or g	uidance f	rom the local Hea	lthy School team
		School ha	s develope	d a Phase A	ction Pla	า	
		School ha	s had a Pha	ase assessm	ent visit (	do not include an	NQA assessment)
		A membe	r of staff h	as attended	training	led by the local H	ealthy School team
		A membe team	r of staff h	as attended	a meetir	ng or event led by	the local Healthy School
		None of t	he above				
		Don't kno	w				
Q6		our school c	-	orking towa	rds the W	'NHSS National Qu	ality Award?
		Yes			We	already have the	National Quality Award
		No			Don	't know	
Q7	heal	important th and well	being work	•	your loc	al Healthy School	Scheme to your school's
	Not	very import	tant			Very importa	int
		1	2	3	4	5	Don't know
Q8	and	your schoo wellbeing t	argets?	ritten schoo	ol health	and wellbeing act	ion plan or school health
		Yes (G	O TO Qs 9 a	nd 10)		Don't know (G	O TO Q11)
		No (GO	TO Q11)			Not applicable	e (GO TO Q11)

Q9		ur action plan or targets included in y ONE BOX ONLY	your c	urrent School Development Plan?
		Yes		Don't know
		No		Not applicable
Q10	action	ne Senior Management / Leadership T plan or targets? ONE BOX ONLY	Team :	formally assess progress against the
		Yes, at least annually		No
		Yes, less than annually		Don't know
Q11	update SELECT	of the following sources of health and its policies and practices on creating ALL THAT APPLY ta come from:		
		Our own student surveys		Local authority data
		School Health Research Network Student Health & Wellbeing Report		Routinely collected school data
		The PASS survey		Other (SPECIFY BELOW)
		Estyn student survey		
		Other external student surveys		
		Our own staff surveys		Our school does not use data in this way (GO TO Q14)
		Our own parent surveys		Don't know (GO TO Q14)

Q12	Who uses the health and wellbeing da SELECT ALL THAT APPLY	ta?	
	Our data is used by:		
	Senior management team		Professional learning communities (PLCs)
	Wellbeing / pastoral care teams		Other (SPECIFY BELOW)
	School council or other student voice groups		<b>36</b>
	School governors		
	Subject teachers		Don't know
	Healthy school coordinator (in school)		
Q13	How do you use the health and wellbe SELECT ALL THAT APPLY	ing d	ata?
	We use our data to:		
	Identify need and set health and	l well	being priorities
	Measure the impact of our work	on cr	eating a healthy school
	Look at how health and wellbein or schools within our family	g at o	our school compares with other local schools
	To support our school improvement	ent w	vork
	None of the above		
	Don't know		
Q14	Does your school use isolation to man	age s	student behaviour?
	SELECT ONE BOX ONLY		
	Yes No		Don't know

Q15	How often does your school use the following restorative practices in your approach to student discipline?  SELECT ONE BOX ON EACH ROW						
		Never	Rarely	Sometimes	Often (at least weekly)	Don't know	
	Circle time						
	Restorative conference						
	Peer mediation						
	Other restorative practices ( <b>Go to Q16 if used</b> )						
Q16	Which other restorative WRITE BELOW	e practices	do you use	?			
	<b>A</b>						
	Don't know						

#### 2) STUDENT, PARENT & COMMUNITY INVOLVEMENT IN HEALTH AND WELLBEING

deve	How frequently do you use the following methods to involve students in <u>policy</u> <u>development</u> around health and wellbeing improvement?  SELECT ONE BOX ON EACH ROW								
		Always	Most of the time	Often	Some times	Rarely	Never	Don't know	Not applic- able
Consultation school	ons with council								
with other	ultations student e groups								
Wider consu with studer									
Suggestic	n boxes								
Other i	methods								
	At what stage are your students usually involved?  SELECT ALL THAT APPLY  Proposing when a new policy is needed or an existing policy needs amending  Developing the content of a policy  Other (SPECIFY BELOW)						-		
	☐ Commenting on a draft policy  ☐ Implementing a policy ☐ We do not involve students in policy development ☐ Writing a student-friendly version ☐ Don't know								
						<u> </u>			
	many tin		does you	r School (	Council or	similar s	student-led	body mee	et?
	Less tha	n 6 times			Do not ha	ave a Sc	hool Counc	il or simila	ır body
	6 times				Don't kn	ow			
	More tha	ın 6 times							

Q20	Which health and wellbeing topics have you two years?  SELECT ALL THAT APPLY	ur student	t voice groups worked on in the last
	Food and nutrition	П	Climate change
	Physical activity		Other (SPECIFY BELOW)
	Bullying		<b>A</b>
	Mental Wellbeing		
	Substance misuse		Don't know
	Sex and relationships		Not applicable
	Violence against women and girls		
Q21	In what areas are parents involved in decisi improvement at your school?  SELECT ALL THAT APPLY	ions regar	ding health and wellbeing
	Identifying health priority areas	Ot	her
	Health education		rents are not involved in these cisions (GO TO Q23)
	School health policy	☐ Do	n't know (GO TO Q23)
Q22	In what ways are parents involved in health SELECT ALL THAT APPLY	and well	being improvement decisions?
	☐ PTA meeting		essure from parents (i.e. contact tiated by parents on health issues)
	Surveys	Ot	her
	Information evenings for parents	☐ Do	n't know
	As parent governors		
Q23	How satisfied are you with the current leve wellbeing improvement at your school?  SELECT ONE BOX ONLY	l of parer	nt involvement in health and
	Very satisfied		Very dissatisfied

	1	2	3	4	5		Don't know		
						]			
Q24	Which of the follow understanding of the SELECT ALL THAT AP	e United Na							
	Training for all	staff		☐ No	None of the above				
	Training for so	me staff		☐ Ot	ther (Spec	ify below)			
	Developed polichildren's right		g to						
	Provided guida	nce		☐ Do	on't know				
Q25	To what extent has informed your school SELECT ONE BOX ON	ol's approac			on the Rigl	nts of the	Child (UNCRC)		
		1 Not at all	2	3	4	5 To a large extent	Don't know		
Te	eaching and learning								
Other	aspects of school poli and practice	су 🔲							
	Pupil voice								
Q26	Which of your school and when?	l's facilitie	s are availa	able for gro	oups in the	e local cor	nmunity to use		
	SELECT ALL THAT AP	PLY ON EAC	CH ROW						

Don't

know

School

does not

have

Not

available

In

school

holidays

Αt

week

ends

In the

evenings

	Outdoor sports/play facilities						
	Indoor sports/play facilities						
	Catering/dining facilities						
	Other facilities						
Q27	Are local community groups cha	rged to u	se your sc	hool's fac	ilities?		
	Yes, all groups (GO TO Q27a) No groups use our facilities (GO TO Q28)						
	Yes, some groups (GO TO Q27a) Don't know (GO TO Q28)						
	No (GO TO Q28)						
Q27a	Why are community groups char SELECT ALL THAT APPLY	ged to us	se your sch	ool's faci	lities?		
	To generate income for the	e school	[	Other			
	To cover staffing costs (e.g	g. caretal	ker)	Don't	know		

Q28	impro	your school have partnerships* with any of the following individuals or groups to help ove student health and wellbeing? CT ALL THAT APPLY
		Other schools
		Professional sports clubs
		Local sport clubs
		Sport development officers (from national or regional organisations or the Local Authority)
		Private sector businesses or organisations
		National third sector organisations / charities, e.g. Barnardo's, Brook, Alcohol Concern
		Local third sector organisations / charities
		Health professionals other than the local Healthy School team, e.g. child health, school nursing, health visiting, GP, local public health team  Youth Workers (statutory or non-statutory)
		Police / PCSOs
		Other (SPECIFY BELOW)
		None of the above
		Don't know
		s are any formal or informal relationships which exist for a period of time or on an on-going ich, in the case of local authorities and health boards, go beyond statutory requirements.

Q29	How do you deliver PSE in your school (either as PSE lessons or within the Welsh Baccalaureate)?  SELECT ALL THAT APPLY FOR EACH YEAR GROUP IN YOUR SCHOOL								
	Through Through weekly fortnightl timetabled timetable		Y FOR EACH YI Through fortnightly timetabled lessons	Through off timetable PSE days	Through dedicated curriculum time (cross-curricular)	Not applicable	Don't know		
	Year 7								
	Year 8								
	Year 9								
	Year 10								
	Year 11								
	Year 12								
	Year 13								
Q30		responsible fo		g <u>PSE</u> provisio	n in the school?				
	□ Не	eadteacher		Other (	Other (SPECIFY BELOW)				
	Deputy headteacher			Z.					
	Assistant headteacher			Don't k	Don't know				
	☐ Sp	ecialist PSE t	eacher	Not app	Not applicable				

Q31		has the <b>main</b> responsibil CT ONE BOX ONLY	ity for teach	ning <u>PSE</u> ?
		PE teachers		Any classroom teacher / No group has main responsibility
		Science teachers		Other (SPECIFY BELOW)
		Specialist PSE / health education teach	ers	<b>S</b>
		RE teachers		
		Form tutors		Don't know
		Outside agencies		Not applicable
Q32	train	n-specialist PSE / health ing provided to support t CT ONE BOX ONLY		eachers teach <u>PSE</u> , is formal ry of the <u>PSE</u> curriculum?
		Yes, compulsory training	g 🔲	Only specialist teachers teach PSE
		Yes, optional training		Don't know
		No		Not applicable
Q33	For eac	ch year group, how much	PE is timet	abled weekly within the formal curriculum?
			-	erage the allocation for 1 week.
	Please	note down the answer in	n minutes e.	
		Minutes per week	Don't kno	ow Not applicable
	Year	7		
	Year	8		
	Year	9		
	Year ′	10		
	Year ′	11		

Q34	the s	Who is responsible for <b>coordinating</b> relationships and sexuality education (RSE) in the school?  SELECT ONE BOX ONLY						
		Headteacher		Other (SPECIFY BELOW)				
		Deputy headteacher		B				
		Assistant headteacher						
		Other teaching staff		No single individual coordina	ates RSE			
		Pastoral staff		Don't know				
		School nurse		Not applicable				
Q35	Who c	ontributes to teaching relationsh	nips a	nd sexuality education (RSE)?				
	SELEC	T ALL THAT APPLY						
		cience teachers		School nurse				
		pecialist RSE / health education	teac	ers Outside agencie	?S			
	F	RE teachers		Students (peer-	led education)			
	□ F	orm tutor		☐ Don't know				
		any classroom teacher		Not applicable				
		Other (SPECIFY BELOW)						
	Σ	<u>A</u>						

Q36	For each year group, please indicate whether you teach the following: SELECT ALL THAT APPLY FOR EACH YEAR GROUP IN YOUR SCHOOL								
	Sexual health and development	Gender and sexual identity	Gender based and sexual violence	Healthy relationships	Rights and equality	Don't know	N/A		
Year 7									
Year 8									
Year 9									
Year 10									
Year 1	1 🔲								
Year 12	2								
Year 1	3 🔲								

## <u>This section should be completed by the headteacher</u> with support from those responsible for curriculum mapping/curriculum reform and the school's health and wellbeing lead.

Q37	What is your school doing to prepare to deliver health and wellbeing education within the new curriculum?  SELECT ALL THAT APPLY  FOR EACH ACTION YOU SELECT, PLEASE GIVE SOME BRIEF DETAILS IN THE BOX BELOW								
		Nothing / waiting for guidance (GO TO Q38)							
		Training staff							
		Planning cross-curricular teaching of health and wellbeing							
		Trialling different approaches to cross-curricular teaching of health and wellbeing							
		B							
		Consulting students on how to deliver health and wellbeing education							
		Adopting new health or wellbeing interventions							
		A Company of the Comp							
		Other							
		Don't know (GO TO Q38)							
		Not applicable (GO TO Q38)							

Q37a	To what extent have the following groups been involved in preparations to deliver the Health and Wellbeing Area of Learning and Experience at your school?  SELECT ONE BOX ON EACH ROW								
			Not at all	A little	Moderately involved	Quite a	Very much involved	Don't know	
	Senior managen t	nent eam							
	Other teaching s	staff							
	Pastoral and sup	port staff							
	Stud	ents							
	Fam	ilies							
	Wider commu	ınity							
Q38	Please rate the e Areas of Learning SELECT ONE BOX	g and E	xperienc		-	-			
		Not at				Fully			
		prepa	red 2	•	3 4	prepared 5	<b>D</b> 011 C	Not	
	Expressive Arts	Ė		1 г	7	, 	know	applicable	
	·	Ш	_	J L	- Ц	ш	Ш	Ш	
	Health and Wellbeing								
	Humanities			] [					
	iguages, Literacy I Communication			] [					
	Mathematics and Numeracy			] [					
	Science and Technology			] [					

Q39	What do you think will be the outcomes of the curriculum reform (both positive and negative) for:								
	Learners:	<b>29.</b>							
	Schools:	<b>39.</b>							
	Society:	<b>29.</b>							
		t know applicable							
_									
Q40	What do your school	ou think are the potential challenges in delivering curriculum reform within ol?							
	28								
	Don'	t know							
	☐ Not a	applicable							

Q41	How, if at all, has your school considered ways in which the reforms can be used to reduce inequalities in health and well-being?						
	294						
	Don't know						
	Not applicable						

#### 4) PHYSICAL ACTIVITY & ACTIVE TRANSPORT

Q42	On average, how many days a week can students in years 7 and 10 participate in extracurricular sport or other structured physical activity (led by staff, volunteers, other students) in the autumn and summer terms, e.g. football club, dance club?  SELECT BOX ON EACH ROW FOR AUTUMN TERM AND THEN SUMMER TERM							
	Autumn 0 d		1-2 days	3-4 days	5 days	Don't know	Not applicable	
	Year 7							
	Year 10							
	Summer term	0 days	1-2 days	3-4 days	5 days	Don't know	Not applicable	
	Year 7							
	Year 10							
Q43	Who delivers SELECT ALL T		ılar sports an	d physical ac	tivity in your	school?		
	PE tea	achers		Externally	contracted o	coaches		
		teachers or school staff			Local authority or community sports staf e.g. 5x60 officer			
	Paren	ts		Other				
		Wales Young ssadors		School has	s no extra-cur	ricular sport	ts	
	Other	volunteers		Don't kno	W			

Q44	Are the following available to students <u>on site</u> (with or without supervision)?  IF YES, SELECT ALL TIMES WHEN FACILITY IS AVAILABLE									
		No	Yes, as part of PE lessons	Yes, during lunch	Yes, after school	Don't know				
	Gymnasium / sports hall									
	Dance / fitness studio									
	Swimming pool									
	Running track									
	Sports field / grass pitches									
	Basketball / netball courts									
	5-a-side football pitches									
	Playground									
	Skateboard area									
	Equipment for team sports									
Q45	How many Sport Wales Young SELECT ONE BOX ONLY	Ambass	sadors does your	school current	ly have?					
	My school is not in the S	Sport W:	ales Young Amba	ssador scheme						
	0 (Joined scheme, but y									
		et to re	cruit Ambassauc	JI 3)						
	<u></u> 2									
	<u> </u>									
	<b>1</b> 4									
	5 or more									
	Don't know									

Q46	indivi	Does your school monitor students' physical fitness at the school level and/or the individual student level and what actions do you take when you identify low fitness levels?  SELECT ALL THAT APPLY								
	We do not monitor students' physical fitness									
		Discuss a whole school approach								
		Recommend after-school or other community activities								
		Implement individual-focused programme(s) to address the issue								
	Consult students on how to address the issue									
	Other actions									
	No actions									
		Don't know								
Q47	stud	your school monitor students' body weight at the school level and/or the individual ent level and what actions do you take when you identify concerns?  CT ALL THAT APPLY								
		We do not monitor students' body weights								
		Discuss the matter with students' parents on an individual basis								
		Provide advice or a leaflet to parents								
		Refer the student to the school nurse								
		Discuss a whole school approach								
		Implement individual-focused programme(s) to address the issue								
		Consult students on how to address the issue								
		Other actions								
		No actions								
		Don't know								

Q48	Does your school promote active transport in any of the following ways? SELECT ALL THAT APPLY									
	Identify and promote safe walking and cycling routes									
	Secure covered storage for bicycles and scooters									
	Promotion of helmets for cyclists									
	Walking promotions, e.g. 'Walk to School Week'									
	Cycling proficiency training									
	Pedestrian/cyclist entrances									
	Collaboration with police/PCSOs to address community /transport safety									
	Other (SPECIFY BELOW)									
	<b>A</b>									
	None of the above									
	Don't know									
Q49	Does your school:			Don't	Not					
		Yes	No	know	applicable					
	Monitor the number of students walking or cycling to school									
	Set goals to increase the number of students walking or cycling to school									
	Encourage physical activity through active learning methods (e.g. outdoor learning)									

#### 5) HEALTHY EATING

Q50	Does your school do any of the following to promote healthy eating? SELECT ALL THAT APPLY						
	Monitor and set goals to increase uptake of free school meals						
	Use a cashless system to support free school meal uptake						
	Clearly identify healthier options in the school canteen						
	Position healthier options at the start of the food service						
	Incentivise healthier options through pricing						
	Incentivise healthier options through other means						
	None of the above						
	Don't know						
	Not applicable						
Q51	Does your school or any other organisation provide any extra-curricular programmes for learning about food and healthy eating, e.g. cooking clubs?  SELECT ONE BOX ONLY						
	Yes, regularly (GO TO Q52)						
	Yes, ad hoc or one off events (GO TO Q52)						
	No (GO TO Q53)						
	Don't know (GO TO Q53)						
Q52	Are parents invited to take part in these programmes?						
•	SELECT ONE BOX ONLY						
	Always Never						
	Sometimes Don't know						
	Rarely						

Q53	your school offer a breakfast club before the start of the morning school session?  CT ONE BOX ONLY							
	Yes, to all students throughout the year (GO TO Qs 54 and 55)							
	Yes, to some students and/or at certain times of year (GO TO Qs 54 and 55)							
	No (GO TO Q56)							
	Don't know (GO TO Q56)							
Q54	How many days a week is the breakfast club offered?  SELECT ONE BOX ONLY							
	1 day 5 days							
	2 days It varies							
	☐ 3 days ☐ Don't know							
	4 days							
Q55	Do students pay for their breakfast at the club?  SELECT ONE BOX ONLY							
	Yes, all students taking part pay							
	Yes, but some students are subsidised on the basis of need							
	No, it is free of charge							
	Don't know							
	Not applicable							

Q56	SELECT Yes or No to the following questions about your school dining environment:	Yes	No	Don't know	Not applicable
	Does your school's dining room have an adequate number of chairs and tables?				
	Do students have at least 20 minutes to eat lunch once seated?				
	Are students who bring packed lunches allowed to sit with those eating school meals?				
	Does the dining room have freely available drinking water?				
	Is the dining room always supervised?				
Q57	How long do students have for their lunch break at y SELECT ONE BOX ONLY	our scho	ool?		
	Less than 30 minutes 60 or	r more m	ninutes		
	☐ 30 or 35 minutes ☐ Don'	t know			
	40 or 45 minutes Not a	applicab	le		
	50 or 55 minutes				

Q58	•	onsidered changing the length of your lunch break in the last two years? . THAT APPLY						
	No (G	O TO Q60)		Yes, a	nd we <u>increased</u>	it (GO TO Q60)		
		ve considered <u>re</u> ed not to ( <b>GO T</b> O		☐ Don't	know (GO TO Q60	0)		
	·	ve considered <u>ir</u> ed not to ( <b>GO T</b> O	ncreasing it, but O Q60)	☐ Not ap	plicable (GO TO	Q60)		
	Yes, a	nd we <u>reduced</u>	it (GO TO Q59)					
Q59	What was the <u>primary</u> motivation for reducing or considering reducing the length of your lunch break?  SELECT ONE BOX ONLY							
	☐ Improving student behaviour ☐ Other							
	Accommodating curriculum demands Don't know							
	Insufficient staff to supervise students							
Q60	-	dents in years 7 BOX ON EACH F	to 11 allowed off so	chool premis	es during their lu	ınch break?		
			Only students with	No		Not		
		All students	parental consent	students	Don't know	applicable		
	Year 7							
	Year 8							
	Year 9							
	Year 10							
	Year 11							

Voc. No.	Q61	Did your policy on allowing year groups off school premises during their lunch break change in the 2019/20 or 2020/21 school years?  SELECT ALL THAT APPLY						
No, our policy did not change Don't know Not applicable  Q62 Does your school have a healthy eating or Food & Fitness policy?  SELECT ONE BOX ONLY Yes (GO TO Qs 63 and 64) In development (GO TO Q66) Don't know (GO TO Q66) Don't know (GO TO Q66)  Q63 Does your school's healthy eating or Food & Fitness policy cover the types of foods an beverages that can be offered or sold at the following:  SELECT ONE BOX ON EACH ROW  Yes No Don't know applicated in student enterprise projects In student enterprise enterpri		Yes, we changed it to allow more year groups / students off school premises						
Don't know Not applicable  Q62 Does your school have a healthy eating or Food & Fitness policy? SELECT ONE BOX ONLY  Yes (GO TO Qs 63 and 64) In development (GO TO Q66) Don't know (GO TO Q66) Don't know (GO TO Q66)  Yes Does your school's healthy eating or Food & Fitness policy cover the types of foods an beverages that can be offered or sold at the following: SELECT ONE BOX ON EACH ROW  Yes No Don't Not know applica In student enterprise projects At school social events for parents  At school social events for students		Yes, we changed it to allow fewer y	ear group	s / students of	f school pre	mises		
Not applicable		No, our policy did not change						
Q62 Does your school have a healthy eating or Food & Fitness policy?  SELECT ONE BOX ONLY  Yes (GO TO Qs 63 and 64)  In development (GO TO Q66)  Don't know (GO TO Q66)  Don't know (GO TO Q66)  Q63 Does your school's healthy eating or Food & Fitness policy cover the types of foods an beverages that can be offered or sold at the following:  SELECT ONE BOX ON EACH ROW  Yes No Don't Not know application in the student of the policy cover the types of foods and beverages that can be offered or sold at the following:  At school social events for parents		Don't know						
SELECT ONE BOX ONLY  Yes (GO TO Qs 63 and 64)  In development (GO TO Q66)  No (GO TO Q66)  Don't know (GO TO Q66)  Does your school's healthy eating or Food & Fitness policy cover the types of foods an beverages that can be offered or sold at the following:  SELECT ONE BOX ON EACH ROW  Yes No Don't Not know applicate the policy of the policy cover the types of foods and beverages that can be offered or sold at the following:  At school social events for parents   At school social events for students   At school social events for students   The policy of th		Not applicable						
SELECT ONE BOX ONLY  Yes (GO TO Qs 63 and 64)  In development (GO TO Q66)  No (GO TO Q66)  Don't know (GO TO Q66)  Does your school's healthy eating or Food & Fitness policy cover the types of foods an beverages that can be offered or sold at the following:  SELECT ONE BOX ON EACH ROW  Yes No Don't Not know applicate the policy of the policy cover the types of foods and beverages that can be offered or sold at the following:  At school social events for parents   At school social events for students   At school social events for students   The policy of th								
In development (GO TO Q66)  No (GO TO Q66)  Don't know (GO TO Q66)  Does your school's healthy eating or Food & Fitness policy cover the types of foods and beverages that can be offered or sold at the following:  SELECT ONE BOX ON EACH ROW  Yes No Don't Not know applicated in student enterprise projects  At school social events for parents  At school social events for students	Q62							
No (GO TO Q66)  Don't know (GO TO Q66)  Does your school's healthy eating or Food & Fitness policy cover the types of foods and beverages that can be offered or sold at the following:  SELECT ONE BOX ON EACH ROW  Yes No Don't know applicated in the student enterprise projects In student enterprise projects In student events for parents In the school social events for students In the school school school social events for students In the school scho		Yes (GO TO Qs 63 and 64)						
Don't know (GO TO Q66)  Q63 Does your school's healthy eating or Food & Fitness policy cover the types of foods and beverages that can be offered or sold at the following:  SELECT ONE BOX ON EACH ROW  Yes No Don't Not know applicated in student enterprise projects		In development (GO TO Q66)						
Does your school's healthy eating or Food & Fitness policy cover the types of foods and beverages that can be offered or sold at the following:  SELECT ONE BOX ON EACH ROW  Yes No Don't Not know applicated in student enterprise projects At school social events for parents At school social events for students At school social events for students		No (GO TO Q66)						
beverages that can be offered or sold at the following:  SELECT ONE BOX ON EACH ROW  Yes No Don't Not know applicate the student enterprise projects		Don't know (GO TO Q66)						
beverages that can be offered or sold at the following:  SELECT ONE BOX ON EACH ROW  Yes No Don't Not know applicate the student enterprise projects								
Yes No know application of the student enterprise projects application of the student enterprise projects application of the students for parents application of the students application of the stude	Q63	beverages that can be offered or sold at			the types of	foods and		
At school social events for parents			Yes	No		Not applicable		
At school social events for students		In student enterprise projects						
		At school social events for parents						
For school or student fundraising		At school social events for students						
		For school or student fundraising						

Q64	Does your school's healthy eating or Food & Fitness policy include guidance or requirements on the types of foods and beverages that students can bring into school, e.g. in packed lunches?  SELECT ONE BOX ONLY
	Yes, guidance (GO TO Q65) No (GO TO Q66)
	Yes, requirements (GO TO Q65) Don't know (GO TO Q66)
Г	
Q65	Does this include food taken on school trips?  SELECT ONE BOX ONLY
	Yes Don't know
	☐ No ☐ Not applicable
Q66	Is the food that your students bring into school ever monitored?  SELECT ONE BOX ONLY
	Yes, once a term or more Don't know
	Yes, less often Not applicable
	□ No

Q67	for te	your school us eaching or othe	er activities	at school?	d materials	from the fo	llowing organ	isations
	JLLL	TI ALL IIIAT A	Use for teaching	Use for extra- curricular clubs	Use for fund-raising events	Use for other activities	Do not use	Don't know
		Supermarkets						
	Fast fo	od companies						
	Soft dri	nk companies						
		Energy drink companies						
	(	Confectionary companies						
		organisations, eat Promotion Wales						
Q68	follov	your school in wing? CT ALL THAT A	•	esentatives fr	om or take	students to	visit any of th	е
		Supermarket	S		Confection	nary compai	nies	
		Fast food co	mpanies		Trade organisations, e.g. Meat Promotion Wales			
		Soft drink co	mpanies		None of t	he above		
		Energy drink	companies		Don't kno	)W		

6) TOB	ACCO, DRUGS & ALCOHOL							
Q69	Does your tobacco education include teaching students about: SELECT ONE BOX ON EACH ROW							
		Yes	No	Don't know	Not applicable			
	Illegal tobacco (illegally imported or counterfeit cigarettes / rolling tobacco)							
	E-cigarettes / vapes							
Q70	Does your school offer any type of tobacco cessation support to students?  SELECT ALL THAT APPLY							
	Yes, at school							
	Yes, through referral to an off-site so	ervice or	initiative					
	No							
	Don't know							
Q71	Does your school have a specified pathway expertise and resources for students who:	or a refe	erral process	in place t	o provide			
	SELECT ONE BOX ON EACH ROW							
	Yes No [	Oon't kno	w					
	Misuse drugs							
	Misuse alcohol							

Q72	Does your school's smoking and tobacco use policy prohibit <b>tobacco use</b> in the following locations?  SELECT ONE BOX ON EACH ROW					
		Yes	No	Don't know	Not applicable	School does not have a smoking and tobacco use policy
	School grounds outside of school hours					
	Private vehicles on school grounds					
	School events off school grounds					
Q73	Does your school display signs at or indicating that the school grounds a SELECT ONE BOX ONLY			nce(s) to t	the school gro	ounds
	Yes					
	☐ No					
	☐ Don't Know					
Q74	Does your school have a policy that e-cigarettes or vapes?  SELECT ONE BOX ONLY	includes	use of elect	ronic ciga	arettes, also k	known as
	Yes (GO TO Q75)					
	In development (GO TO Q76)					
	☐ No (GO TO Q76)					
	Don't know (GO TO Q76)					

Q75	Does your school's policy prohibit <b>e-cigarette use</b> in the following locations by students, staff and visitors?						
	SELECT ALL THAT APPLY ON EACH ROW	,					
		Students	Staff	Visitors	None these		
	School grounds during school hours						
	School grounds outside of school hours						
	Private vehicles on school grounds						
	School events off school grounds						
Q76	Is alcohol permitted in any of the follo	owing situat	tions?				
		Yes	No	Not appli	cable	Don't know	
	When the school site is being used by external organisations						
	At on-site school events for parents						
	At on-site school events for staff						

/) ME	ENTAL HEALTH & WELLBEING								
Q77	Does your school have written policies SELECT ONE BOX ON EACH ROW	that includ	le the following?						
		Yes	In development	No	Don't know				
	Student mental health and wellbeing								
	Self-harm								
	Suicide prevention and/or post-suicide care								
Q78	How many staff have received training in recognising and responding to the impact of childhood trauma, e.g. abuse, parental substance misuse, parental incarceration?  SELECT ONE BOX ONLY								
	All staff	Less than h	nalf						
	Most staff	No staff							
	About half	Don't know	٧						
Q79	Does your school have a dedicated nurt SELECT ONE BOX ONLY	ure/safe sp	pace for students?						
	Yes, available to all students at a	all times							
	Yes, available to all students, but	t only at pa	articular times						
	Yes, available to some students a	at all times							
	Yes, available to some students,	but only at	particular times						
	No								
	Don't know								
Q80	Does the school support staff in accessing wellbeing support (i.e. a counselling serv SELECT ALL THAT APPLY		mental health and	d emotiona	ıl				
	Yes, on site	on't know							
	Yes, off site	ot applicab	ole						
	□ No								

Q81	Does your school deliver any mental health and wellbeing interventions for staff?  SELECT ONE BOX ONLY						
	No			Don't know			
	Yes	(SPECIFY BELOW)					
	Ø						

## 8) SEX & RELATIONSHIPS

Q82	Does your school have an on-site 'dr following?	op-in	' service th	at includes su	upport for the
	SELECT ONE BOX ON EACH ROW				
			Yes	No	Don't Know
	Sexual health advic	ce			
	Relationship advic	ce			
	LGBTQ+ pupi	ls			
Q83	Who provides the on-site 'drop-in' serv	vice f	or sexual he	ealth advice?	
	SELECT ALL THAT APPLY				
	School nurse (NHS)		Charity yo	outh workers	
	School nurse (School employed)		Other (SPECIFY B	BELOW)	
	Local authority youth workers		B		
	Local NHS staff		Don't know	V	
Q84	Does your school have on-site provisio distribution using the C-Card scheme)? SELECT ONE BOX ONLY		ree condom	ns for school s	students (including
	Yes No			Don'	t know

Violence against women, domestic abuse and sexual violence (VAWDASV) includes sexual harassment, gender-based bullying, domestic abuse, rape and sexual abuse, sexual exploitation, female genital mutilation (FGM), so called 'honour' based violence and forced marriage.

Q85	Does your school have a written policy that includes violence against women and girls, domestic abuse and sexual violence (VAWDASV)?  SELECT ONE BOX ON EACH ROW						
		Yes	In development	No	Don't know		
	Policy pertaining to students						
	rone, pertuning to students	ᆜ		<u> </u>			
	Policy pertaining to staff						
Q86	Has your school used any of the following to address violence against women and girls, domestic abuse and sexual violence (VAWDASV) in the last two academic years (2019/20 and 2020/21)?						
	SELECT ALL THAT APPLY						
	Student education on VAV	/DASV					
	Staff education on VAWDA	SV					
	Parent, care-giver and far	nily educatior	n on VAWDASV				
	Monitoring and evaluation addresses VAWDASV	systems to m	neasure the impact	of how the s	chool		
	Measures to support stude	nts who expe	rience VAWDASV				
	Active participation of stu	dents to addr	ess VAWDASV				
	Taking action to address \	AWDASV in th	ne wider community	y			
	Working in partnership wi	th relevant ag	gencies				
	Embedding a comprehensi	ve preventior	n programme to add	dress VAWDA	SV		
	None of the above						
	Don't know						

Q87	Did staff at your school receive any training on the academic years (2019/20 and 2020/21)?  SELECT ONE BOX ON EACH ROW	e followir	ng issues in	the previou	ıs two
		No	Yes, some staff	Yes, all staff	Don't know
	Recognising the signs of violence against women and girls, domestic abuse and sexual violence				
	How to take appropriate action where signs of violence against women and girls, domestic abuse and sexual violence are observed				
	How to respond to a student disclosure of sexual harassment or sexual violence				

## 9) HEALTH SERVICE PROVISION

Q88	Does your school have a School Nurse? SELECT ALL THAT APPLY						
	Yes, an NHS nurse (GO TO Q89 & 90)						
	Yes, a school employed nurse (GO TO Q89 & THEN Q91)						
	No (GO TO Q91)						
	Don't know (GO TO Q91)						
Q89	How often is there a nurse service on-	site a	nd available to students?				
	SELECT ONE BOX ONLY						
	Every school day		Less often				
	3-4 times per week		Nurse visits on request only				
	1-2 times per week		Don't know				
	Once a fortnight						

Q90	Which of the following does the <u>NHS</u> school nurse do at your school?  SELECT ALL THAT APPLY						
	Supports the school in managing attendance						
	One-to-one student advice and support on an ad hoc basis						
	A regular drop-in service for students						
	Advice on managing health issues in the school setting for individual pupils						
	Smoking cessation support						
	Safeguarding						
	Contributes to teaching on health and wellbeing topics in the formal curriculum						
	None of the above						
	☐ Don't know						
Q91	How often is there a school-based counselling service available to students?  SELECT ONE BOX ONLY						
	Every school day On request only						
	2 - 4 times a week  We do not have a school-based counselling service						
	Once a week Don't know						
	Less often						
Q92	Are students informed of other local, confidential counselling services they can use?  SELECT ONE BOX ONLY						
	☐ Yes (GO TO Q93) ☐ No (GO TO Q94) ☐ Don't know (GO TO Q94)						
Q93	Can students attend such services during school hours? SELECT ONE BOX ONLY						
	Yes Only in exceptional circumstances						
	☐ No ☐ Don't know						

Q94	Do you have a named person within your local Child and Adolescent Mental Health Service (CAMHS) who you can contact for help and support?  SELECT ONE BOX ONLY						
	Yes		Dor	n't know			
	☐ No		Not	applicable			
Q95	In the last two years, approximat with your local CAMHS?  SELECT ONE BOX ONLY	ely how oft	en has you	ur school been in communication			
	Weekly (GO TO Q96)		Ab	oout once a term (GO TO Q96)			
	Fortnightly (GO TO Q96)		Le	ss than once a term (GO TO Q96)			
	Monthly (GO TO Q96)		☐ Ne	ever (GO TO Q97)			
	About once a half term (GO	TO Q96)	☐ Do	on't know (GO TO Q97)			
Q96	How is this communication achievable SELECT ALL THAT APPLY	ved?					
	On-site clinics	Re	gular meet	tings			
	Joint training	Ot	her				
	Telephone advice	☐ Do	n't know				
007		L CAMUIC 6-					
Q97	academic years (2019/20 and 20 SELECT ONE BOX IN EACH COLUMN	20/21) for		nt have you made in the last two students?			
	SELECT ONE BOX III EACH COLOMI	2019/20	2020/21				
	School cannot make referrals						
	None						
	One						
	Two to five						
	Six to ten						
	11 or more						
	Don't know						

Q98	When you made referrals, did the student(s) get access to treatment?  SELECT ONE BOX ONLY							
	Yes, all				No			
	Yes, some				Don't k	now		
Q99	To what extended SELECT ONE BO	-	supported	l by yo	our loca	l CAMHS?		
	Very					Not at all		
	supported 1	2	3		4	supported 5	Don't know	Not applicable
Q100	Is there an edu	• •	hologist a	vailab	ole to st	udents <u>in schoo</u>	<u>l</u> ?	
	Yes, ever	y school day				Yes, but on rec	quest only	
	Yes, 2 - 4	l times a weel	<			No		
	Yes, once	e a week				Don't know		
	Yes, less	than once a v	veek					

## 10) SUPPLEMENT 2022: COVID-19

The supplement section is about COVID-19 experiences and recovery strategies in your school. The first five questions specifically ask about your school's experiences during the 2020/21 academic year.

Q101 During the 2020/21 academic year, to what extent are you aware of students in your school having been affected in the following ways?  SELECT ONE BOX ON EACH ROW						
	1 Not at all	2	3	4	5 To a large extent	Don't know
Decreased mental wellbeing (e.g. low mood)						
Increased mental health problems requiring medical intervention (e.g. diagnosed disorders)						
Increased loneliness and social isolation						
Decreased motivation and engagement with school						
Increased struggles with schoolwork						
Increased disruption to normal sleeping patterns						
Reduced opportunity for sport and physical activity						
Increased financial concerns within the family						
Increased food poverty/insecurity						

0.400 D						.1 6.11 .
Q102 During the 2020/21 academic year, to what extent were you able to offer the following types of remote/blended learning activities in replacement of classroom-based face-to-face teaching when required to transfer to home learning?  SELECT ONE BOX ON EACH ROW						
	1 Not at all	2	3	4	5 To a large extent	Don't know
Live online lessons for students						
Pre-recorded online lessons for students						
Writing/reading assignments						
Practical lessons/assignments (e.g., art, design and technology, physical education)						
Individual or small group sessions						
Q103 During the 2020/21 aca adequate resources to learning? SELECT ONE BOX ON EAC	support the					
	1 Not at all	2	3	4	5 To a large extent	Don't know
Parents/carers to deliver home learning						
Pupils without suitable IT equipment at home						
Staff without suitable IT equipment at home						
Pupils with additional learning needs						

Q104	close, to what extent did COVID-19 social distancing measures impact on the following provisions in your school?						
	SELECT ONE BOX ON EAC	H ROW				5	
		1 Not at all	2	3	4	To a large extent	Don't know
Breakfa	ast clubs						
Non-sports based after school clubs							
Extracı	urricular sports						
Q105	During the 2020/21 aca address the impact of constitution SELECT ALL THAT APPLY	lisruption			-		•
	Provide extra class	ses outside	e of norm	al teachir	ng time		
	Assign extra home	work, assi	gnments,	or indepe	endent lea	arning	
	Hire additional res	ource suc	h as tutoi	rs, TAs or	teachers t	to provide	smaller group
	Do something else	to help m	nitigate di	sruption t	o learning	g (please s	pecify)
	None of the above						
	☐ Don't know						

Q106	What changes to school practice have been SELECT ALL THAT APPLY	made in re	sponse to the COVID-19 pandemic?
		2019/20	2020/21
	Shortened school day or reduced hours		
	Lengthened school day or extended hours		
	Arranged for groups of pupils to attend on different days of the week		
	Staggered lunchbreaks or breaktimes		
	Staggered school start-times or end-times		
	Separated pupils into different zones/bubbles		
	Use of face coverings for staff and pupils		
	Introduced COVID-19 safety measures such as social distancing, one-way systems, or sanitisers (excluding face coverings)		
	Increase length of lessons		
	Decrease length of lessons		
	Made special arrangements to ensure free school meals were available to existing eligible families		
	Made special arrangements to ensure free school meals were available to new families		
	Offered additional wellbeing support services for pupils		
	Offered additional mental health support services for pupils		
	None of the above		
	Don't know		

Q107	Overall, what do you feel have been the main barriers to the learning progression of pupils at your school as a result of the COVID-19 pandemic?  SELECT UP TO 4 OPTIONS ONLY						
	Lack of pupil engagement						
	Increased demand upon parents						
	Increased demand upon teachers						
	School or bubble closure and pupil attendance levels						
	Staff absence						
	Social distancing measures such as limited group work in classrooms						
	Difficulties doing practical work						
	Pupil access to technology						
	Challenges with pupils' mental health and wellbeing						
	Challenges with teachers' mental health and wellbeing						
	Other (please specify)						
	None of the above						
	☐ Don't know						

The next question asks about school practice during periods of closure mandated by national lockdowns. 0108 During school closures, if your school was open to children of critical workers (e.g. children of parents whose work is considered critical during the COVID-19 pandemic) and/or vulnerable children (e.g. children living in families with high conflict level, or children with minimum space/many siblings at home), please give some brief details of the arrangements that were in place? **SELECT ONE OPTION ONLY** School was not open to these groups Don't know The final questions ask about the current impact of COVID-19 both on learners and upon existing practice within your school. Q109 In your school, what are the main challenges facing learners now as a result of the COVID-19 pandemic? **SELECT ONE OPTION ONLY** School was not open to these groups Don't know Q110 In your school, are there any changes that you've made as a result of the COVID-19 pandemic that have had positive impacts on pupils and/or staff that you intend to keep moving forward? SELECT ONE OPTION ONLY Yes No

Don't know

Q111	Please give some brief details of these changes	
	<b>A</b>	
	Don't know	_