

SCHOOL HEALTH RESEARCH NETWORK

Ipsos MORI

SCHOOL ENVIRONMENT QUESTIONNAIRE 2022

Y RHWYDWAITH YMCHWIL IECHYD MEWN YSGOLION SCHOOL HEALTH RESEARCH NETWORK This pdf is provided to support you in gathering data within your school and <u>must not</u> be used to return your answers. Please use the online version to submit your questionnaire.

1) GENERAL QUESTIONS ABOUT YOUR SCHOOL

Q1	In the 2019/20 and 2020/21 school years, in which of the following areas did the Senior Management / Leadership team focus their efforts to make improvements? SELECT UP TO <u>FOUR PRIORITY AREAS ONLY</u>							
		Staff health and wellbeing						
		Staff relationships with students						
		Student physical health (e.g. smoking, obesity)						
		Student mental and emotional health						
		Student educational attainment						
		Estyn report and categorisation						
		The physical condition of the school buildings and grounds						
		The provision of extra-curricular activities						
		Your school's relationships with parents						
		Your school's relationships with the local community						
		Don't know						
		Not applicable						
01	Deer	a vour achael have a simple strategic land for student health and wellhoing?						
Q2	Does your school have a <u>single</u> strategic lead for student health and wellbeing? SELECT ONE OPTION ONLY							
		Yes (GO TO Q2a)						
		No (GO TO Q3)						
		Don't know (GO TO Q3)						

Q2a	What is the professional role of the student health and wellbeing lead? SELECT ALL THAT APPLY									
		Headteacher / Ac	ting headteacher							
		Deputy headteacher								
		Assistant headteacher								
		Head of phase								
		Head of year								
		Head of departme	nt							
		Subject teacher								
		School nurse								
		Other (SPECIFY BE	LOW)							
		<u>A</u>								
		Don't know								
Q3		es your school have ECT ONE BOX ON EA	a single lead or multiple .CH ROW	leads for the	following?					
	Single lead responsible Single lead for this and other responsible Multiple leads Don't areas of health and only for know wellbeing this									
Pasto	Pastoral care / safeguarding activities									
Whole-school environment										
	Tead	ching and learning								
Rela	Relationships and sexuality education (RSE)									

Q4	Is your school a member of its local healthy school scheme as part of the Welsh Network of Healthy School Schemes (WNHSS)? SELECT ONE OPTION ONLY						
		Yes (GO TO) Qs 5-7)		Don't	know (GO TO Q8)	
		No (GO TO	Q8)		Not ap	plicable (GO TO Q8)	
Q5	and 2	h of the foll 2020/21 sch CT ALL THAT	ool years?	thy School So	cheme a	ctivities have taken p	place in the 2019/20
		School has	received ac	lvice or guid	ance fro	m the local Healthy S	School team
		School has	developed	a Phase Acti	on Plan		
		School has	had a Phase	e assessment	: visit (<i>d</i> e	o not include an NQA	assessment)
		A member	of staff has	attended tr	aining le	d by the local Health	y School team
		A member team	of staff has	attended a	meeting	or event led by the l	ocal Healthy School
		None of the	e above				
		Don't know	V				
Q6	-	ur school cu CT ONE BOX	•	king towards	the WN	HSS National Quality	Award?
		Yes			We al	ready have the Natio	nal Quality Award
		No			Don't	know	
Q7	healt	important i h and wellb CT ONE BOX	eing work?	bership of yo	our local	Healthy School Sche	me to your school's
	Not v	very importa				Very important	
	_	1	2	3	4	5	Don't know

Q8	Does your school have a written school health and wellbeing action plan or school health and wellbeing targets? SELECT ONE BOX ONLY						
		Yes (GO TO Qs 9 and 10)		Don't know (GO TO Q11)			
		No (GO TO Q11)		Not applicable (GO TO Q11)			
Q9		ur action plan or targets included in ONE BOX ONLY	your c	urrent School Development Plan?			
		Yes		Don't know			
		No		Not applicable			
Q10	action	ne Senior Management / Leadership plan or targets? • ONE BOX ONLY	Team	formally assess progress against the			
		Yes, at least annually		No			
		Yes, less than annually		Don't know			
Q11	update SELECT	of the following sources of health ar e its policies and practices on creatir ALL THAT APPLY ta come from:		•			
		Our own student surveys		Local authority data			
		School Health Research Network Student Health & Wellbeing Report		Routinely collected school data			
		The PASS survey		Other (SPECIFY BELOW)			
		Estyn student survey		24			
		Other external student surveys					
		Our own staff surveys		Our school does not use data in this way (GO TO Q14)			
		Our own parent surveys		Don't know (GO TO Q14)			

Q12	Who uses the health and wellbeing data? SELECT ALL THAT APPLY					
	Our data is used by:					
		Senior management team		Professional learning communities (PLCs)		
		Wellbeing / pastoral care teams		Other (SPECIFY BELOW)		
		School council or other student voice groups		2		
		School governors				
		Subject teachers		Don't know		
		Healthy school coordinator (in school)				

Q13	How do you use the health and wellbeing data? SELECT ALL THAT APPLY We use our data to:						
	Identify need and set health and wellbeing priorities						
	Measure the impact of our work on creating a healthy school						
	Look at how health and wellbeing at our school compares with other local schools or schools within our family						
	To support our school improvement work						
	None of the above						
	Don't know						
Q14	Does your school use isolation to manage student behaviour?						

SELECT ONE BOX ONLY

Yes

No No

Don't know

NeverRarelySometimesOften (at least weekly)Don't knowCircle time </th <th>Q15</th> <th colspan="7">How often does your school use the following restorative practices in your approach to student discipline? SELECT ONE BOX ON EACH ROW</th>	Q15	How often does your school use the following restorative practices in your approach to student discipline? SELECT ONE BOX ON EACH ROW							
Restorative conference Image: Conference Peer mediation Image: Conference Other restorative practices (Go to Q16			Nover Rarely Sometimes						
conference Peer mediation Other restorative practices (Go to Q16		Circle time							
Other restorative practices (Go to Q16									
practices (Go to Q16		Peer mediation							
		practices (Go to Q16							

Q16	Which other restorative practices do you use? WRITE BELOW						
	Don't know						

Q17 How frequent development SELECT ONE B	around he	ealth and v	-			tudents in	n <u>policy</u>	
	Always	Most of the time	Often	Some times	Rarely	Never	Don't know	N/A
Consultations with school council								
Consultations with other student voice groups								
Wider consultations with students (e.g. surveys)								
Suggestion boxes								
Other methods								
Q18 At what stage are your students usually involved? SELECT ALL THAT APPLY								
Proposing when a new policy is needed or an existing policy needs amending					nitoring a .icy	nd/or revi	iewing a	
Developing the content of a policy					Oth	ner (SPEC	IFY BELO	₩)

Commenting on a draft policy	
Implementing a policy	We do not involve students in policy development
Writing a student-friendly version	Don't know

Q19	How many times a year does your School Council or similar student-led body meet? SELECT ONE BOX ONLY				
	Less than 6 times		Do not have a School Council or similar body		
	6 times		Don't know		
	More than 6 times				

Q20	Which health and wellbeing topics have your student voice groups worked on in the last two years?						
	Food and nutrition		Climate change				
	Physical activity		Other (SPECIFY BELOW)				
	Bullying		Z				
	Mental Wellbeing						
	Substance misuse		Don't know				
	Sex and relationships		Not applicable				
	Violence against women and girls						
Q21	In what areas are parents involved in decisi improvement at your school? SELECT ALL THAT APPLY	ions reg	arding health and wellbeing				
	Identifying health priority areas		Other				
	Health education		Parents are not involved in these lecisions (GO TO Q23)				
	School health policy		Don't know (GO TO Q23)				
Q22	In what ways are parents involved in health SELECT ALL THAT APPLY	n and we	ellbeing improvement decisions?				
	PTA meeting		Pressure from parents (i.e. contact nitiated by parents on health issues)				
	Surveys		Other				
	Information evenings for parents		Don't know				
	As parent governors						

Q23	How satisfied are you with the current level of parent involvement in health and wellbeing improvement at your school? SELECT ONE BOX ONLY								
	Very satisfied Very dissatisfied								
	1	2	3	4	5	5	Don't kı	now	
					Γ]			
Q24	Which of the following has your school done to support staff knowledge and understanding of the United Nations Convention on the Rights of the Child (UNCRC)? SELECT ALL THAT APPLY								
	Training for all staff None of the above								
	Training for some staff Other (Specify below)								
	Developed pol children's righ	-	to						
	Provided guida	nce		Do	on't know				
Q25	To what extent has informed your school SELECT ONE BOX ON	ol's approach			on the Rig	hts of the	Child (UNCF	RC)	
		1 Not at all	2	3	4	5 To a large extent	Don't know		
Teaching and learning									
Other	aspects of school poli and practice	cy							
	Pupil voice								

Q26	Which of your school's facilities are available for groups in the local community to use and when? SELECT ALL THAT APPLY ON EACH ROW								
		In the evenings	At week ends	In school holidays	Not available	School does not have	Don't know		
	Outdoor sports/play facilities								
	Indoor sports/play facilities								
	Catering/dining facilities								
	Other facilities								

Q27	Are local community groups charged to use your school's facilities? SELECT ONE BOX ONLY					
	Yes, all groups (GO TO Q27a)	No groups use our facilities (GO TO Q28)				
	Yes, some groups (GO TO Q27a)	Don't know (GO TO Q28)				
	No (GO TO Q28)					

Q27a	Why are community groups charged to use your school's facilities? SELECT ALL THAT APPLY				
	To generate income for the school	Other			
	To cover staffing costs (e.g. caretaker)	Don't know			

Q28	impro	your school have partnerships* with any of the following individuals or groups to help ove student health and wellbeing? CT ALL THAT APPLY
		Other schools
		Professional sports clubs
		Local sport clubs
		Sport development officers (from national or regional organisations or the Local Authority)
		Private sector businesses or organisations
		National third sector organisations / charities, e.g. Barnardo's, Brook, Alcohol Concern
		Local third sector organisations / charities
		Health professionals other than the local Healthy School team, e.g. child health, school nursing, health visiting, GP, local public health team
		Youth Workers (statutory or non-statutory)
		Police / PCSOs
		Other (SPECIFY BELOW)
		A
		None of the above
		Don't know
		s are any formal or informal relationships which exist for a period of time or on an on-going ich, in the case of local authorities and health boards, go beyond statutory requirements.

3) HEALTH AND WELLBEING EDUCATION & CURRICULUM REFORM

Q29	9 How do you deliver PSE in your school (either as PSE lessons or within the Welsh Baccalaureate)?								
	SELECT AL	L THAT APPL	Y FOR EACH Y	EAR GROUP IN	YOUR SCHOOL				
		Through weekly timetabled lessons	Through fortnightly timetabled lessons	Through off timetable PSE days	Through dedicated curriculum time (cross-curricular)	Not applicable	Don't know		
	Year 7								
	Year 8								
	Year 9								
	Year 10								
	Year 11								
	Year 12								
	Year 13								
Q30		esponsible fo		g <u>PSE</u> provisio	n in the school?				
	He	eadteacher		Other	Other (SPECIFY BELOW)				
	Deputy headteacher			æ					
	Assistant headteacher			Don't k	Don't know				
	Sp	ecialist PSE t	eacher	Not app	Not applicable				

Q31	Who has the main responsibility for teaching <u>PSE</u> ? SELECT ONE BOX ONLY					
		PE teachers		Any classroom teacher / No group has main responsibility		
		Science teachers		Other (SPECIFY BELOW)		
		Specialist PSE / health education teachers		×		
		RE teachers				
		Form tutors		Don't know		
		Outside agencies		Not applicable		

Q32	If non-specialist PSE / health education teachers teach <u>PSE</u> , is formal training provided to support their delivery of the <u>PSE</u> curriculum? SELECT ONE BOX ONLY						
	Yes, compulsory training	Only specialist teachers teach PSE					
	Yes, optional training	Don't know					
	No	Not applicable					

Q33	For each year group, how much <u>PE</u> is timetabled weekly within the formal curriculum? If you have a 2 week timetable, please average the allocation for 1 week. Please note down the answer in minutes e.g. 45.								
	Minutes per week Don't know Not applicable								
	Year 7								
	Year 8								
	Year 9								
	Year 10								
	Year 11								

Q34	Who is responsible for coordinating relationships and sexuality education (RSE) in the school? SELECT ONE BOX ONLY					
	Headteacher		Other (SPECIFY BELOW)			
	Deputy headteacher		2			
	Assistant headteacher					
	Other teaching staff		No single individual coordinates RSE			
	Pastoral staff		Don't know			
	School nurse		Not applicable			

Q35	Who contributes to teaching relationships and sexuality education (RSE)?							
	SELE	SELECT ALL THAT APPLY						
		Science teachers		School nurse				
		Specialist RSE / health education teachers		Outside agencies				
		RE teachers		Students (peer-led education)				
		Form tutor		Don't know				
		Any classroom teacher		Not applicable				
		Other (SPECIFY BELOW)						
		×.						

Q36	For each year group, please indicate whether you teach the following:							
	SELECT ALL THAT APPLY FOR EACH YEAR GROUP IN YOUR SCHOOL							
	Sexual health and developmen	Gender and	Gender based and sexual violence	Healthy relationships	Rights and equality	Don't know	N/A	
Year 7								
Year 8								
Year 9								
Year 10								
Year 11								
Year 12	2							
Year 13								

These next questions are about preparing for the new curriculum at your school. <u>This section should be completed by the headteacher</u> with support from those responsible for curriculum mapping/curriculum reform and the school's health and wellbeing lead.

Q37	What is your school doing to prepare to deliver health and wellbeing education within the new curriculum? SELECT ALL THAT APPLY FOR EACH ACTION YOU SELECT, PLEASE GIVE SOME BRIEF DETAILS IN THE BOX BELOW							
		Nothing / waiting for guidance (GO TO Q38) Training staff						
		Planning cross-curricular teaching of health and wellbeing						
		Trialling different approaches to cross-curricular teaching of health and wellbeing						
		Consulting students on how to deliver health and wellbeing education						
		Adopting new health or wellbeing interventions						
		Other						
		Don't know (GO TO Q38) Not applicable (GO TO Q38)						

Q37a	To what extent have the following groups been involved in preparations to deliver the Health and Wellbeing Area of Learning and Experience at your school? SELECT ONE BOX ON EACH ROW							
		Not at all	A little	Moderately involved	Quite a lot	Very much involved	Don't know	
	Senior management team							
	Other teaching staff							
	Pastoral and support staff							
	Students							
	Families							
	Wider community							

Q38 Please rate the extent to which your school staff feel prepared to deliver each of the six Areas of Learning and Experience where 1 is not at all prepared and 5 is fully prepared. SELECT ONE BOX ON EACH ROW

	Not at all prepared				Fully prepared	Don't	Not
	1	2	3	4	5	know	applicable
Expressive Arts							
Health and Wellbeing							
Humanities							
Languages, Literacy and Communication							
Mathematics and Numeracy							
Science and Technology							

Q39	What do v	ou think will be the outcomes of the curriculum reform (both positive and
	negative)	
	Learners:	25.
	Schools:	28.
	Society:	28.
		t know applicable
Q40	What do y your schoo	ou think are the potential challenges in delivering curriculum reform within ol?
	2	
	Don'	t know
	Not a	applicable

How, if at all, has your school considered ways in which the reforms can be used to reduce inequalities in health and well-being?
24
Don't know
Not applicable

4) PHYSICAL ACTIVITY & ACTIVE TRANSPORT

Q42	On average, h curricular spo students) in t SELECT BOX O	ort or other s he autumn a	structured phy and summer to	ysical activity erms, e.g. fo	(led by staff otball club, d	, volunteers ance club?	
	Autumn term	0 days	1-2 days	3-4 days	5 days	Don't know	Not applicable
	Year 7						
	Year 10						
	Summer term	0 days	1-2 days	3-4 days	5 days	Don't know	Not applicable
	Year 7						
	Year 10						

Q43	Who delivers extra-curricular sports and physical activity in your school? SELECT ALL THAT APPLY							
	PE teachers		Externally contracted coaches					
	Other teachers or other school staff		Local authority or community sports staff, e.g. 5x60 officer					
	Parents		Other					
	Sport Wales Young Ambassadors		School has no extra-curricular sports					
	Other volunteers		Don't know					

Q44	Are the following available to students <u>on site</u> (with or without supervision)? IF YES, SELECT ALL TIMES WHEN FACILITY IS AVAILABLE						
		No	Yes, as part of PE lessons	Yes, during lunch	Yes, after school	Don't know	
	Gymnasium / sports hall						
	Dance / fitness studio						
	Swimming pool						
	Running track						
	Sports field / grass pitches						
	Basketball / netball courts						
	5-a-side football pitches						
	Playground						
	Skateboard area						
	Equipment for team sports						

Q45	How many Sport Wales Young Ambassadors does your school currently have? SELECT ONE BOX ONLY							
		My school is not in the Sport Wales Young Ambassador scheme						
		0 (Joined scheme, but yet to recruit Ambassadors)						
		1						
		2						
		3						
		4						
		5 or more						
		Don't know						

Q46	Does your school monitor students' physical fitness at the school level and/or the individual student level and what actions do you take when you identify low fitness levels SELECT ALL THAT APPLY						
	We do not monitor students' physical fitness						
	Discuss a whole school approach						
	Recommend after-school or other community activities						
	Implement individual-focused programme(s) to address the issue						
	Consult students on how to address the issue						
	Other actions						
	No actions						
		Don't know					
Q47		your school monitor students' body weight at the school level and/or the individual ent level and what actions do you take when you identify concerns?					

SELECT ALL THAT APPLY	

We do not monitor students' boo	ly weights
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- Discuss the matter with students' parents on an individual basis
- Provide advice or a leaflet to parents
- Refer the student to the school nurse
- Discuss a whole school approach
 - Implement individual-focused programme(s) to address the issue
 - Consult students on how to address the issue
- Other actions
- No actions
 - Don't know

Q48		s your school promote active transport in any CT ALL THAT APPLY	of the fo	ollowing v	vays?	
		Identify and promote safe walking and cycl	ing route	S		
		Secure covered storage for bicycles and sco	oters			
		Promotion of helmets for cyclists				
		Walking promotions, e.g. 'Walk to School W	/eek'			
		Cycling proficiency training				
		Pedestrian/cyclist entrances				
		Collaboration with police/PCSOs to address /transport safety	commun	ity		
		Other (SPECIFY BELOW)				
		X				
		None of the above				
		Don't know				
• 1•						
Q49	Does	s your school:	Yes	No	Don't know	N/A
		Monitor the number of students walking or cycling to school				
	Se	et goals to increase the number of students				

walking or cycling to school

Encourage physical activity through active learning methods (e.g. outdoor learning)

5) HEALTHY EATING

Does your school do any of the following to promote healthy eating? SELECT ALL THAT APPLY		
Monitor and set goals to increase uptake of free school meals		
Use a cashless system to support free school meal uptake		
Clearly identify healthier options in the school canteen		
Position healthier options at the start of the food service		
Incentivise healthier options through pricing		
Incentivise healthier options through other means		
None of the above		
Don't know		
Not applicable		

SELECT ONE BOX ONLY	
Always	Never
Sometimes	Don't know
Rarely	

Q53	Does your school offer a breakfast club before the start of the morning school session? SELECT ONE BOX ONLY			
	Yes, to all students throughout the year (GO TO Qs 54 and 55)			
	Yes, to some students and/or at certain times of year (GO TO Qs 54 and 55)			
	No (GO TO Q56)			
	Don't know (GO TO Q56)			
054	How many days a weak is the breakfast slub offered?			
Q54	How many days a week is the breakfast club offered? SELECT ONE BOX ONLY			
	1 day 5 days			
	2 days It varies			
	3 days Don't know			
	4 days			
Q55	Do students pay for their breakfast at the club? SELECT ONE BOX ONLY			
	Yes, all students taking part pay			
	Yes, but some students are subsidised on the basis of need			

Yes, all students taking part pay
Yes, but some students are subsidised on the basis of need
No, it is free of charge
Don't know
Not applicable

Q56	SELECT Yes or No to the following questions about your school dining environment:	Yes	No	Don't know	N/A	
	Does your school's dining room have an adequate number of chairs and tables?					
	Do students have at least 20 minutes to eat lunch once seated?					
	Are students who bring packed lunches allowed to sit with those eating school meals?					
	Does the dining room have freely available drinking water?					
	Is the dining room always supervised?					
Q57	How long do students have for their lunch break at y SELECT ONE BOX ONLY	our scho	ool?			
	Less than 30 minutes 60 or	more n	ninutes			

Less than 30 minutes	60 or more minutes
30 or 35 minutes	Don't know
40 or 45 minutes	Not applicable
50 or 55 minutes	

Q58	Have you considered changing the length of your lunch break in the last two years? SELECT ALL THAT APPLY		
	No (GO TO Q60)	Yes, and we <u>increased</u> it (GO TO Q60)	
	Yes, we considered <u>reducing</u> it, but decided not to (GO TO Q59)	Don't know (GO TO Q60)	
	Yes, we considered <u>increasing</u> it, but decided not to (GO TO Q60)	Not applicable (GO TO Q60)	
	Yes, and we <u>reduced</u> it (GO TO Q59)		

Q59	What was the <u>primary</u> motivation for reducing or lunch break? SELECT ONE BOX ONLY	considering reducing the length of your
	Improving student behaviour	Other
	Accommodating curriculum demands	Don't know
	Insufficient staff to supervise students	

Q60	•	Are any students in years 7 to 11 allowed off school premises during their lunch break? SELECT ONE BOX ON EACH ROW				
		All students	Only students with parental consent	No students	Don't know	N/A
	Year 7					
	Year 8					
	Year 9					
	Year 10					
	Year 11					

Q61	Did your policy on allowing year groups off school premises during their lunch break change in the 2019/20 or 2020/21 school years?
	SELECT ALL THAT APPLY
	Yes, we changed it to allow more year groups / students off school premises
	Yes, we changed it to allow fewer year groups / students off school premises
	No, our policy did not change
	Don't know
	Not applicable

Q62	Does your school have a healthy eating or Food & Fitness policy? SELECT ONE BOX ONLY
	Yes (GO TO Qs 63 and 64)
	In development (GO TO Q66)
	No (GO TO Q66)
	Don't know (GO TO Q66)

Q63	Does your school's healthy eating or Food & Fitness policy cover the types of foods and beverages that can be offered or sold at the following: SELECT ONE BOX ON EACH ROW							
		Yes	No	Don't know	N/A			
	In student enterprise projects							
	At school social events for parents							
	At school social events for students							
	For school or student fundraising							

Q64	Does your school's healthy eating or Food requirements on the types of foods and be e.g. in packed lunches? SELECT ONE BOX ONLY	£ Fitness policy include guidance or verages that students can bring into school,
	Yes, guidance (GO TO Q65)	No (GO TO Q66)
	Yes, requirements (GO TO Q65)	Don't know (GO TO Q66)

Q65	Does this include food taken on school trips? SELECT ONE BOX ONLY			
	Yes	Don't know		
	No No	Not applicable		
Q66	Is the food that your students b SELECT ONE BOX ONLY	ring into school ever monitored?		
	Yes, once a term or more	Don't know		
	Yes, less often	Not applicable		
	No No			

Q67	Does your school use commercially sponsored materials from the following organisations for teaching or other activities at school?									
	SELECT ALL THAT APPLY ON EACH ROW									
		Use for teaching	Use for extra- curricular clubs	Use for fund- raising events	Use for other activities	Do not use	Don't know			
	Supermarkets									
	Fast food companies									
	Soft drink companies									
	Energy drink companies									
	Confectionary companies									
	Trade organisations, e.g. Meat Promotion Wales									

Q68	Does your school invite in representatives from or take students to visit any of the following? SELECT ALL THAT APPLY						
		Supermarkets		Confectionary companies			
		Fast food companies		Trade organisations, e.g. Meat Promotion Wales			
		Soft drink companies		None of the above			
		Energy drink companies		Don't know			

6) TOB	6) TOBACCO, DRUGS & ALCOHOL						
Q69	Does your tobacco education include teaching students about: SELECT ONE BOX ON EACH ROW						
		Yes	No	Don't know	N/A		
	Illegal tobacco (illegally imported or counterfeit cigarettes / rolling tobacco)						
	E-cigarettes / vapes						
-							

Q70	Does your school offer any type of tobacco cessation support to students? SELECT ALL THAT APPLY
	Yes, at school
	Yes, through referral to an off-site service or initiative
	No
	Don't know
Q71	Does your school have a specified pathway or a referral process in place to provide

Q71	Does your school have a specified pathway or a referral process in place to provide expertise and resources for students who: SELECT ONE BOX ON EACH ROW					
		Yes	No	Don't know		
	Misuse drugs					

Misuse alcohol

Q72	Does your school's smoking and tobacco use policy prohibit tobacco use in the following locations? SELECT ONE BOX ON EACH ROW							
		Yes	No	Don't know	Not applicable			
	School grounds outside of school hours							
	Private vehicles on school grounds							
	School events off school grounds							
	School does not have a smoking & tobacco use policy							

Q73	Does your school display signs at or near the main entrance(s) to the school grounds indicating that the school grounds are smoke-free? SELECT ONE BOX ONLY
	Yes
	No
	Don't Know

Q74	Does your school have a policy that includes use of electronic cigarettes, also known as e-cigarettes or vapes? SELECT ONE BOX ONLY
	Yes (GO TO Q75)
	In development (GO TO Q76)
	No (GO TO Q76)
	Don't know (GO TO Q76)

Q75	Does your school's policy prohibit e-cigarette use in the following locations by students, staff and visitors?								
	SELECT ALL THAT APPLY ON EACH ROW								
		Students	Staff	Visitors	None of these	Don't know			
	School grounds during school hours								
	School grounds outside of school hours								
	Private vehicles on school grounds								
	School events off school grounds								

Vac			
Yes	No	Not applicable	Don't know

7) ME	NTAL H	IEALTH & WELLBEING					
Q77	Does your school have written policies that include the following? SELECT ONE BOX ON EACH ROW						
				Yes	In development	No	Don't know
	Student mental health and wellbeing						
			Self-harm				
		Suicide preventio post-su	on and/or icide care				
Q78	child	many staff have receive hood trauma, e.g. abuse CT ONE BOX ONLY					
		All staff		Less than h	nalf		
		Most staff		No staff			
		About half		Don't knov	V		
Q79		your school have a dedi CT ONE BOX ONLY	cated nur	ture/safe sp	bace for students?		
		Yes, available to all stu	udents at	all times			
		Yes, available to all st	udents, bı	ut only at pa	articular times		
		Yes, available to some students at all times					
	Yes, available to some students, but only at particular times						
	No						
		Don't know					
Q80	80 Does the school support staff in accessing specialist mental health and emotional wellbeing support (i.e. a counselling service)? SELECT ALL THAT APPLY						
	י 🗌	es, on site		Don't know			
	Yes, off site Not applicable						
		10					

Q81	Does your school deliver any mental health and wellbeing interventions for staff? SELECT ONE BOX ONLY				
		No			Don't know
		Yes	(SPECIFY BELOW)		
		A			

8) SEX & RELATIONSHIPS

Q82	Does your school have an on-site 'drop-in' service that includes support for the following? SELECT ONE BOX ON EACH ROW				
		Yes	No	Don't Know	
	Sexual health advice				
	Relationship advice				
	LGBTQ+ pupils				
Q83	Who provides the on-site 'drop-in' service	for sexua	l health advice?		

SELECT ALL THAT APPLY	
School nurse (NHS)	Charity youth workers
School nurse (School employed)	Other (SPECIFY BELOW)
Local authority youth workers	A
Local NHS staff	Don't know

Q84	-	es your school have on-site provision of free condoms for school students (including stribution using the C-Card scheme)? LECT ONE BOX ONLY					
	Yes	No	Don't know				

Violence against women, domestic abuse and sexual violence (VAWDASV) includes sexual harassment, gender-based bullying, domestic abuse, rape and sexual abuse, sexual exploitation, female genital mutilation (FGM), so called 'honour' based violence and forced marriage.

Q85	dom	oes your school have a written policy that includes violence against women and girls, omestic abuse and sexual violence (VAWDASV)? ELECT ONE BOX ON EACH ROW							
		ln Mar davalarment Na Davit k							
	D.		Yes	development	No	Don't know			
	PC	olicy pertaining to students							
		Policy pertaining to staff							
Q86	dom	s your school used any of the following to address violence against women and girls, mestic abuse and sexual violence (VAWDASV) in the last two academic years (2019/20 d 2020/21)?							
	SELE	ECT ALL THAT APPLY							
		Student education on VAWDASV							
		Staff education on VAWDASV							
		Parent, care-giver and family education on VAWDASV							
		Monitoring and evaluation systems to measure the impact of how the school addresses VAWDASV							
		Measures to support students who experience VAWDASV							
		Active participation of students to address VAWDASV							
		Taking action to address VAWDASV in the wider community							
		Working in partnership with rel	evant age	encies					
		Embedding a comprehensive pr	revention	programme to add	ress VAWDA	SV			
		None of the above							
		Don't know							

Q87	Did staff at your school receive any training on the following issues in the previous two academic years (2019/20 and 2020/21)? SELECT ONE BOX ON EACH ROW					
		No	Yes, some staff	Yes, all staff	Don't know	
	Recognising the signs of violence against women and girls, domestic abuse and sexual violence					
	How to take appropriate action where signs of violence against women and girls, domestic abuse and sexual violence are observed					
	How to respond to a student disclosure of sexual harassment or sexual violence					

Once a fortnight

Q88	Does your school have a School Nurse? SELECT ALL THAT APPLY						
	Yes, an NHS nurse (GO TO Q89 & 90)						
	Yes, a school employed nurse (GO TO Q89 & THEN Q91)						
	No (GO TO Q91)						
	Don't know (GO TO Q91)						
Q89	How often is there a nurse service on-site and available to students?						
	SELECT ONE BOX ONLY						
	Every school day Less often						
	3-4 times per week Nurse visits on request only						
	1-2 times per week Don't know						

Q90	Which of the following does the <u>NHS</u> school nurse do at your school? SELECT ALL THAT APPLY							
	Supports the school in managing attendance							
	One-to-one student advice and support on an ad hoc basis							
	A regular drop-in service for students							
	Advice on managing health issues in the school setting for individual pupils							
	Smoking cessation support							
	Safeguarding							
	Contributes to teaching on health and wellbeing topics in the formal curriculum							
	None of the above							
	Don't know							
Q91	How often is there a school-based counselling service available to students? SELECT ONE BOX ONLY							
	Every school day On request only							
	2 - 4 times a weekWe do not have a school-based counselling service							
	Once a week Don't know							
	Less often							

Q92	Are students informed of other local, confidential counselling services they can use? SELECT ONE BOX ONLY					
	Yes (GO TO Q93)	No (GO TO Q94) Don't know (GO TO Q94)				
Q93	Can students attend such services during school hours? SELECT ONE BOX ONLY					
	Yes	Only in exceptional circumstances				
	No	Don't know				

Q94	Do you have a named person within your local Child and Adolescent Mental Health Service (CAMHS) who you can contact for help and support? SELECT ONE BOX ONLY						
	Yes	Don't know					
	No	Not applicable					
Q95	In the last two years, approximat with your local CAMHS? SELECT ONE BOX ONLY	ely how often has your school been in communication					
	Weekly (GO TO Q96)	About once a term (GO TO Q96)					
	Fortnightly (GO TO Q96)	Less than once a term (GO TO Q96)					
	Monthly (GO TO Q96)	Never (GO TO Q97)					
	About once a half term (GO	TO Q96) Don't know (GO TO Q97)					
Q96	How is this communication achiev	ved?					
	On-site clinics	Regular meetings					
	Joint training	Other					
	Telephone advice	Don't know					
Q97	How many referrals to your local academic years (2019/20 and 20 SELECT ONE BOX IN EACH COLUMN	Ν					
		2019/20 2020/21					
	School cannot make referrals						
	None						
	One						
	Two to five						
	Six to ten						
	11 or more						
	Don't know						

Q98	When you made referrals, did the student(s) get access to treatment? SELECT ONE BOX ONLY						
	Yes, all		[No			
	Yes, some		[Don't kno	w		
Q99	To what extent	do you feel s	upported b	oy your local C	AMHS?		
	SELECT ONE BO	X ONLY					
	Very supported				Not at all supported	Don't	Not
	1	2	3	4	5	know	applicable
Q100	Is there an educe SELECT ONE BO		nologist ava	ailable to stud	ents <u>in school</u> 3	?	
	Yes, every	y school day		Yo	es, but on requ	uest only	
	Yes, 2 - 4	times a week			0		
	Yes, once	a week			on't know		
	Yes, less t	than once a w	eek				

The supplement section is about COVID-19 experiences and recovery strategies in your school. The first five questions specifically ask about your school's experiences during the 2020/21 academic year.

school having been affe							
	1 Not at all	2	3	4	5 To a large extent	Don't know	
Decreased mental wellbeing (e.g. low mood)							
Increased mental health problems requiring medical intervention (e.g. diagnosed disorders)							
sed loneliness and isolation							
sed motivation and ement with school							
sed struggles with work							
sed disruption to I sleeping patterns							
ed opportunity for and physical activity							
sed financial concerns the family							
sed food y/insecurity							
	school having been affe SELECT ONE BOX ON EAC ased mental wellbeing by mood) sed mental health ms requiring medical ention (e.g. diagnosed ers) sed loneliness and isolation ased motivation and ement with school sed struggles with work sed disruption to a sleeping patterns ed opportunity for and physical activity sed financial concerns the family sed food	school having been affected in the SELECT ONE BOX ON EACH ROW	school having been affected in the followin SELECT ONE BOX ON EACH ROW 1 Not at all 2 all 2 all 2 all 3 all	school having been affected in the following ways? SELECT ONE BOX ON EACH ROW 1 2 3 Not at all 2 3 sed mental health 3 3 ms requiring medical 3 3 ed loneliness and 3 4 isolation 3 4 sed motivation and 3 4 end struggles with 3 5 work 3 4 5 all sleeping patterns 3 5 ed opportunity for 4 4 5	school having been affected in the following ways? SELECT ONE BOX ON EACH ROW 1 2 3 4 Not at all 2 3 4 used mental wellbeing ow mood) Image: Constraint of the second ow mood) Image: Constraint own	school having been affected in the following ways? SELECT ONE BOX ON EACH ROW 1 2 3 4 To a large extent Ised mental wellbeing ow mood) Image ised Image ised Image ised Image ised Ised mental health must requiring medical ention (e.g. diagnosed isolation Image isolation Image isolation Image isolation Ised motivation and ement with school Image isolation Image isolation Image isolation Ised disruggles with work Image isolation Image isolation Image isolation Ised disruption to isolate isolation to isolate isolation Image isolation Image isolation Isolate isolation Image isolation Image isolation Image isolation Isola	

Q102 During the 2020/21 academic year, to what extent were you able to offer the following types of remote/blended learning activities in replacement of classroom-based face-toface teaching when required to transfer to home learning? SELECT ONE BOX ON EACH ROW 5 1 Don't To a 2 3 4 Not at know large all extent Live online lessons for students Pre-recorded online lessons for students Writing/reading assignments Practical lessons/assignments (e.g., art, design and technology, physical education) Individual or small group sessions

Q103 During the 2020/21 academic year, to what extent was your school able to allocate adequate resources to support the following groups when required to transfer to home learning? SELECT ONE BOX ON EACH ROW

	1 Not at all	2	3	4	5 To a large extent	Don't know
Parents/carers to deliver home learning						
Pupils without suitable IT equipment at home						
Staff without suitable IT equipment at home						
Pupils with additional learning needs						

Q104 During the 2020/21 academic year, in the periods when schools were not mandated to close, to what extent did COVID-19 social distancing measures impact on the following provisions in your school?

	1 Not at all	2	3	4	5 To a large extent	Don't know
Breakfast clubs						
Non-sports based after school clubs						
Extracurricular sports						

Q105	During the 2020/21 academic year, did your school take any of the following steps to address the impact of disruption to learning caused by the COVID-19 pandemic? SELECT ALL THAT APPLY								
	Provide extra classes outside of normal teaching time								
	Assign extra homework, assignments, or independent learning								
	Hire additional resource such as tutors, TAs or teachers to provide smaller group teaching								
	Do something else to help mitigate disruption to learning (please specify)								
	None of the above								
	Don't know								

Q106	What changes to school practice have been made in response to the COVID-19 pandemic? SELECT ALL THAT APPLY					
		2019/20	2020/21	Neither Year	Don't know	
	Shortened school day or reduced hours					
	Lengthened school day or extended hours					
	Arranged for groups of pupils to attend on different days of the week					
	Staggered lunchbreaks or breaktimes					
	Staggered school start-times or end-times					
	Separated pupils into different zones/bubbles					
	Use of face coverings for staff and pupils					
	Introduced COVID-19 safety measures such as social distancing, one-way systems, or sanitisers (excluding face coverings)					
	Increase length of lessons					
	Decrease length of lessons					
	Made special arrangements to ensure free school meals were available to existing eligible families					
	Made special arrangements to ensure free school meals were available to new families					
	Offered additional wellbeing support services for pupils					
	Offered additional mental health support services for pupils					

Q107	Overall, what do you feel have been the main barriers to the learning progression of pupils at your school as a result of the COVID-19 pandemic? SELECT UP TO 4 OPTIONS ONLY
	Lack of pupil engagement
	Increased demand upon parents
	Increased demand upon teachers
	School or bubble closure and pupil attendance levels
	Staff absence
	Social distancing measures such as limited group work in classrooms
	Difficulties doing practical work
	Pupil access to technology
	Challenges with pupils' mental health and wellbeing
	Challenges with teachers' mental health and wellbeing
	Other (please specify)
	None of the above
	Don't know

The next question asks about school practice during periods of closure mandated by national lockdowns.

Q108	During school closures, if your school was open to children of critical workers (e.g. children of parents whose work is considered critical during the COVID-19 pandemic) and/or vulnerable children (e.g. children living in families with high conflict level, or children with minimum space/many siblings at home), please give some brief details of the arrangements that were in place?
[School was not open to these groups Don't know

The final questions ask about the current impact of COVID-19 both on learners and upon existing practice within your school.

Q109	In your school, what are the main challenges facing learners now as a result of the COVID-19 pandemic?
ſ	None
	Don't know

Q110	In your school, are there any changes that you've made as a result of the COVID-19 pandemic that have had positive impacts on pupils and/or staff that you intend to keep moving forward? SELECT ONE OPTION ONLY
	Yes Yes
	No
	Don't know

Q110a	If yes, please give some brief details of these changes				
	æ				
	Don't know				