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| **Welcome to our SHRN newsletter for April 2023! We hope you had a restful Easter break!** |

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| **Summer Events** After a couple of years of virtual events, we are pleased to announce that we are going back to in-person events this summer – we can’t wait to see you there!It will be an important opportunity to prepare you for the SHRN survey that will take place in the Autumn, and also allow for presentations from schools as to how they are using their SHRN data to support their health and wellbeing priorities as well as updates on evidence informed practice. We will also provide plenty of opportunities to network with other colleagues focused on wellbeing. The events will last from 9.30am to 3pm.We will release agendas for the events closer to the date, but wanted to give you the opportunity to block the days out in your diary now. Links to register for the events can be found below: **Radisson Blu, Cardiff - June 12th 2023 -** [Register here](https://www.eventbrite.co.uk/e/shrn-summer-event-radisson-blu-cardiff-tickets-592611425727) **Parc y Scarlets, Llanelli - June 20th 2023 -** [Register here](https://www.eventbrite.co.uk/e/shrn-summer-event-parc-y-scarlets-llanelli-tickets-592634765537) **Quay Hotel, Deganwy - June 28th 2023 -** [Register here](https://www.eventbrite.co.uk/e/copy-of-shrn-summer-event-radisson-blu-cardiff-tickets-592639168707)   |
| **Call for afternoon school case studies presentations for summer events**The SHRN 2023 Summer Events for schools will be held on June 12 in Cardiff, June 20 in Llanelli, and 28 June in Deganwy. These Summer events will explore theme of ‘ *Supporting school practice and using health and wellbeing data and research effectively in schools.’*The School Health Research Network (SHRN) invites proposals from secondary schools to showcase and share their use of SHRN Student Health and Wellbeing Reports, and the value of evidence informed practice. As part of the programme, we will showcase two 20-minute school’s case studies at each event followed by round table discussions in an atmosphere that fosters the active exchange of ideas and supports community development.Because of the collaborative nature of our SHRN community, presenters find that through the process of sharing their expertise they gain new insights themselves. Being a presenter is also an excellent way to build a professional résumé and speaker profile.If you are interested in showcasing your school, please complete the form detailed below and return to Boffeym1@cardiff.ac.uk [Application form](https://www.shrn.org.uk/wp-content/uploads/2023/04/Case-Study-Form.docx)**Key Information*** Proposal submission deadline: 3 May 2023
* Acceptance notification: 5 May 2023
* Deadline for complete presentation notes submission to the event chair: 5 June 2023

**Selection criteria** The selection of showcase presentations for the final programme will be based on several factors, including the interest of the topics in relation to the SHRN community, the clarity of the proposal in addressing the requested information and the innovative character of case studies. **Expenses**The following expenses will be covered: * Travel expenses
* Day Fee for supply teacher

*(Please note: It is only possible to reimburse expenses if receipts are provided (with the exception of mileage costs. You are not required to provide fuel receipts for mileage costs, simply record the number of miles travelled, mileage is reimbursed at 45p per mile. Please note taxis will not be reimbursed).* **Student Health and Wellbeing in Wales: Report of the 2021/22 School Health Research Network Student Health and Wellbeing Survey**We are pleased to share with you a copy of the SHRN National Report and press release launched 6 April 2023. You can find a copy of the report here:[SHRN National Report](https://www.shrn.org.uk/national-data/) You can also find a copy of the press release below:[National Report Press Release](https://www.shrn.org.uk/wp-content/uploads/2023/04/SHRN-PHW-Press-Release-National-Report.docx)The report presents the findings of a large, school-based survey of young people in Wales, which is delivered by Cardiff University in partnership with Public Health Wales and Welsh Government and provides the first detailed overview of young people’s health and wellbeing since the pandemic began.   |
| **SHRN Animation** To accompany the release of our 2021/22 National Indicators Report, we commissioned the creation of a short animation to maximise the accessibility and reach of findings from our Student Health and Wellbeing Survey. The animation was funded through HEFCW’s Research Wales Innovation Fund (RWIF) and is available in both English and Welsh language. We hope it proves to be a useful resource for schools to share key findings with learners and would be grateful to receive any feedback on its design and content. You can find the animation here:[National Report Animation](https://www.youtube.com/watch?v=Vw5o0hD_4yQ&t=4s&ab_channel=ShrnWales)  |
| **Public Health Wales Observatory Dashboard** Survey results about the health and wellbeing of secondary school aged children in Wales are presented in an interactive dashboard for the first time by Public Health Wales.The dashboard has been created in collaboration with Cardiff University’s DECIPHer team. The aim of the collaboration was to help users view some of the School Health Research Network (SHRN) survey data at a lower geographical level than ever before. The dashboard contains 32 different topics for three years of the survey (2017, 2019 and 2021), with views available for gender, age, family affluence and different geographic levels.Find the dashboard here:[Public Health Wales Observatory Dashboard](https://phw.nhs.wales/services-and-teams/observatory/data-and-analysis/shrn-data-dashboard/)  |

**National Report Media Coverage** You can find below some additional media coverage on the release of the report:[Welsh teenagers exercising less and using screens more, survey finds - BBC News](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.bbc.co.uk%2Fnews%2Fuk-wales-65188535&data=05%7C01%7CDaviesM82%40cardiff.ac.uk%7Ca9d7a3d2160949b585cf08db3b48961d%7Cbdb74b3095684856bdbf06759778fcbc%7C1%7C0%7C638168955165229334%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=bQgJxj%2BEaI4ykAralGukGMSJHYGPMzfzbxspg5e5HpM%3D&reserved=0)[Social media: How (some) use can be good for teenagers - BBC News](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.bbc.co.uk%2Fnews%2Fuk-wales-64640734&data=05%7C01%7CDaviesM82%40cardiff.ac.uk%7Ca9d7a3d2160949b585cf08db3b48961d%7Cbdb74b3095684856bdbf06759778fcbc%7C1%7C0%7C638168955165229334%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=HPlyttb8BPVcL4qHmPiydLY8HnnECvYhXLFuOQmt3e0%3D&reserved=0)[Nearly a quarter of young people in Wales are reporting very high levels of mental health symptoms following the pandemic - News - Cardiff University](https://www.cardiff.ac.uk/news/view/2713528-nearly-a-quarter-of-young-people-in-wales-are-reporting-very-high-levels-of-mental-health-symptoms-following-the-pandemic)[Radio Wales Breakfast](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.bbc.co.uk%2Fsounds%2Fplay%2Flive%3Abbc_radio_wales_fm&data=05%7C01%7CDandoV2%40cardiff.ac.uk%7C3340676ceb0d4848ba8008db366f4d61%7Cbdb74b3095684856bdbf06759778fcbc%7C1%7C0%7C638163623876988367%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=6gEcAWHcAm7dLTrwZifhNj2FnNcIwWq1hZnU3cdTRHw%3D&reserved=0) – live interview, 6.09 to 6.16 approx[MSN Russia](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.msn.com%2Fru-xl%2Fnews%2Fothers%2Fteens-use-screens-more-and-exercise-less-survey%2Far-AA19wnaZ&data=05%7C01%7CBodingerK1%40cardiff.ac.uk%7C8d9301d75a3541bce94208db36710615%7Cbdb74b3095684856bdbf06759778fcbc%7C1%7C0%7C638163631372406828%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=lktjxbJbiass663yRT4%2Fqy30S099iqyi%2BeoxF6PsuLA%3D&reserved=0)

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| **Upcoming Webinars**We are also now able to share the recordings from our vaping webinar, which was presented by Professor Graham Moore and Dr Rachel Brown:[Young people's use of e-cigarettes](https://www.youtube.com/watch?v=Dt3aoUgLfT8&ab_channel=ShrnWales) [Young people's perceptions of use and availability of e-cigarettes](https://www.youtube.com/watch?v=R6ftyVb2NeQ&pp=ygUKc2hybiB3YWxlcw%3D%3D) We have several other webinars scheduled in the coming months. You can find information on these below:- 16/5/2023: Dr Nick Page and Professor Simon Murphy **present findings from the recently released SHRN National Report for 2021/22:** [**Register Here**](https://www.eventbrite.co.uk/e/shrn-national-report-findings-canfyddiadau-adroddiad-cenedlaethol-shrn-tickets-623231621557)- 13/7/23: Dr Kelly Morgan and Dr Samantha Garay: **Delivery of a Growth Mindset programme within primary schools - learnings from an evaluation study in Scotland**- September 2023: Dr Sara Long: **Curriculum for Wales: School case studies of the aims, goals and new school practices from the perspectives of a range of school staff across Wales**  |

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**DECIPHer Parent and Carer Advisory Group**DECIPHer now has its own Parent and Carer Advisory group for those living in Wales caring for children and young people under the age of 18 years old. Dates for 2023 can be found on our social media (Twitter and Instagram - @Alpha\_Decipher. Please share with anyone/groups that may be interested in attending. If you have any questions or require more information , please get in touch with Sophie Jones, Senior Public Involvement Officer joness206@cardiff.ac.uk

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