



Y RHWYDWAITH
YMCHWIL IECHYD
MEWN YSGOLION

THE SCHOOL
HEALTH RESEARCH
NETWORK

shrn.org.uk

The School Health Research Network (SHRN)

Share Your Success Story and Impact:
How to Contribute Your School Case
Study to SHRN





About SHRN

SHRN collaborates with schools to provide the data, information, and support needed to significantly improve the health and well-being of their learners. Schools across Wales have successfully integrated SHRN data into their development plans, implementing various initiatives and interventions to enhance learner health and well-being.

To find out more visit shrn.org.uk



Purpose of this Guide

The purpose of this document is to guide schools on how to share their successful initiatives and the positive impact they've had on learner health and well-being through The School Health Research Network (SHRN).



Explore Our Case Studies

Discover how other schools have successfully utilised SHRN data and shared their stories by exploring our [Case Studies Brochure](#) and [Blog](#).

These examples highlight the diverse ways schools have improved learner health and well-being, providing inspiration and practical insights for your own school initiatives.

SHRN welcomes case studies from both SHRN primary and secondary schools to showcase and share their use of SHRN Student Health and Well-being Data and Reports, and the value of evidence informed practice.



Why Share Your SHRN Story?

Sharing your SHRN story is a powerful way to showcase your expertise and the positive impact your initiatives have had on learner health and well-being.

By contributing your insights, you can:

- **Inspire and Guide Others:** Your experiences can provide valuable guidance to other schools facing similar challenges. Because of the collaborative nature of our SHRN community, those who share their case studies find that through the process of sharing their expertise they gain new insights themselves.
- **Enhance Your Portfolio:** A well-crafted case study demonstrates your ability to analyse and communicate effectively, boosting your professional profile.
- **Influence Change:** Your story can influence educational practices and policies, contributing to a healthier school environment.
- **Receive Recognition:** Your school will be acknowledged with a SHRN certificate, highlighting the dedication of your staff and learners. This acknowledgment demonstrates contribution to SHRN knowledge exchange, promoting your school as a collaborative learning environment, sharing their expertise, and encouraging open dialogue. On an individual level, submitting a case study is an excellent way to build your professional résumé and external profile.
- **Share as Continuing Professional Development (CPD):** Use your case study to enhance the skills and knowledge of your staff.
- **Utilise for Media and Communications and celebrate your success:** Schools have found great value in utilising their SHRN case studies for communication e.g. school recruitment; school assemblies; parent/carer communications, events and governors' meetings. Notably, our most recent series garnered attention from the Welsh Government Education Minister and was featured by both [BBC](#) and ITV News.
- **Provide Evidence for Self- Evaluation and School Inspections:** Use your case study as evidence for school development during Estyn inspections, showcasing your commitment to improving student health and well-being.



Working With You to Publish Your Case Study

We aim to make this process as easy, seamless, and straight-forward as possible. Our goal is to ensure that sharing your success story is a smooth and rewarding experience.

Here's what Huw Eifion Evans, Healthy School Co-ordinator for Conwy had to say about the exciting journey of collaborating with SHRN to create his case studies:

“Collaborating with SHRN to develop my case study couldn’t have been easier. The team were supportive and professional throughout, making the process both efficient and enjoyable. Sharing how SHRN data has informed our work felt like a meaningful way to contribute to the wider conversation about good practices. If you’ve got a story to tell, I’d absolutely encourage you to share it—you never know who it might inspire!”



How to Submit your Case Study

- 1** **Schedule a Discussion:** Arrange a quick 15-minute call with our SHRN Engagement Manager to outline your case study.
- 2** **Complete Questions:** Answer our prepared case study questions (approx. 10-15 in total) at your convenience and email your responses or opt for a telephone interview.
- 3** **Review and Edits:** The SHRN team will review your submission promptly, make necessary edits for readability, and send you the final draft for approval.
- 4** **Publication:** Once approved, your case study will be published bilingually on the SHRN website, shared through our communication channels and included across our digital resources.
- 5** **Distribution:** You can distribute and utilise the case study within your school community and wider networks.



Join us in showcasing the positive impact of your initiatives on learner health and well-being!



Contact Us Today!

If you would like to participate or have any questions about the case study process, please reach out to our SHRN Engagement Manager: [Charlotte Wooders](#).

We look forward to publishing your case study soon!





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[SHRN Wales](https://www.youtube.com/watch?v=SHRNWales)

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First published by SHRN © 2025.