

Table 1 Wellbeing measures by gender identity, 2019 and 2021 SHRN Student Health and Wellbeing Surveys

	2021				2019			
	Transgender: Boy-Female at birth (FAB); Girl-Male at birth (MAB) n=957	Boy-MAB n= 59,053	Girl-FAB n=56,643	Neither word describes me n=3,082	Transgender n=532	Boy-MAB n=57,130	Girl-FAB n=58,080	Neither word describes me n=932
Percentage who rated their life satisfaction as 6 or above*	54 [50,57]	86	74	43	55 [50,59]	86	77	48
Mean UCLA loneliness scale score*	6 [6,6]	4	5	6	6 [6,6]	4	5	6 [6,6]
Percentage who like school a lot*	12 [9,14]	16	14	6	14 [8,22]	18	17	12 [8,16]
Percentage who agree that the pupils in their classes enjoy being together	45 [40,50]	65	50	32	39 [30,49]	68	55	39 [34,45]
Percentage who agree that most of the pupils in their classes are kind and helpful	36 [31,40]	55	46	25	30 [21,40]	57	51	30 [24,35]
Percentage who agree that other pupils accept them as they are	38 [33,43]	70	56	23	35 [25,45]	71	60	38 [33,44]
Percentage who agree that their own ideas are taken seriously at school*	28 [24,33]	39	35	18	23 [19,27]	39	36	27
Percentage who agree that they feel like they belong at their school	34 [30,39]	64	50	22	33 [29,38]	64	56	30
Percentage who agree their teachers accept them*	48 [43,53]	77	67	36	49 [39,59]	77	72	44 [38,49]
Percentage who agree that their teachers care about them as a person*	41 [38,44]	59	49	30	44 [39,49]	59	54	32
Percentage who agree that they feel a lot of trust in their teachers	33 [29,38]	55	40	25	41 [31,51]	59	50	31 [26,37]
Percentage who agree that there is a member of staff they can confide in*	63 [58,68]	66	67	54	65 [60,69]	71	72	50
Percentage who have been bullied at school in the past couple of months*	56 [53,60]	28	34	62	63 [58,67]	30	35	61
Percentage who have been cyber-bullied in the past couple of months*	35 [31,38]	15	20	41	38 [33,42]	14	21	42

Technical notes:

Table 1 presents data from the 2019 and 2021 rounds of the SHRN Student Health and Wellbeing (SHW) survey. Breakdowns are shown across four gender identities: transgender (reported gender identity contrasts with reported sex at birth), boy-male at birth, girl-female at birth, and unspecified gender minority (gender identity reported as 'neither word describes me').

Consistent with SHRN's National Indicators Report, all wellbeing measures have been recoded as binary indicators, except for the UCLA loneliness scale (where higher scores reflect more frequent loneliness). 95% confidence intervals are provided (square brackets) for denominators of less than 1000. See 2019/20 and 2021/22 National Indicators Reports for details on survey methods, including how to calculate the UCLA loneliness scale: <https://www.shrn.org.uk/>

Samples for both survey years are nationally representative of secondary school students in school years 7 to 11.

Please note that indicators marked with an asterix (*) are those indicators that are found in the national report. Please refer to national report for further information on these indicators.

Source: School Health Research Network in Wales -Student Health and Wellbeing Surveys- 2019 and 2021

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How to Reference:

Acknowledgements - You must ensure you appropriately reference SHRN in your publications. Use of SHRN data must be acknowledged in all outputs including in publications and on posters etc. Please use the following statements in your research outputs:

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